

# ISOTHERMAL

## COMMUNITY COLLEGE



**ASK US ABOUT  
THE ISOTHERMAL  
WORKFORCE GRANT**

See page 3

**Pregúntenos sobre subvención  
para la fuerza laboral  
Ver página 3**

**Spring 2025 Schedule of Classes  
Horario de Clases**

**ADULT EDUCATION  
CLASSES INCLUDING  
ENGLISH AS A  
SECOND LANGUAGE!**

Information inside on page 20 & 24!

**¡Clases de educación para adultos que  
incluyen inglés como segundo idioma!  
¡Información en el interior de la página 20 & 24**

**CONTINUING EDUCATION  
EDUCACIÓN CONTINUA**

[www.isothermal.edu/continuing-education](http://www.isothermal.edu/continuing-education)

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### Continuing Education Hours of Operation

Monday-Thursday 7:30 am - 5:30 pm

Friday 8:00 am - 12 pm

## 3 Easy Ways To Pre-Register

*For better customer service,  
ALL classes now require prepayment.*

### • By Phone

Call 828-395-1405, Rutherford Campus or 828-894-3092, Polk Campus to register for classes. Please have the course number and your social security number handy when you call.

### • In Person

Drop by the Lifelong Learning Coordinator office in the Student Center on the Rutherford Campus or visit the Polk Campus

### • On The WEB Registration

[www.isothermal.edu/continuing-education/register](http://www.isothermal.edu/continuing-education/register)

### CANCELLATION POLICY

If we cancel a class, you will be notified. If you would like to cancel your place in a class, please notify us as soon as possible before the class meets for the first time.

### REGISTRATION FEE REFUND POLICY

If you need a refund or transfer, contact the Polk Campus at 828-894-3092 or the Rutherford Campus at 828-395-1405.

A 100% refund shall be made if you officially withdraw prior to the first day of class or if the class is canceled.

A 75% refund shall be made if you officially withdraw from the class prior to or on the official 10% point of the class. No refund thereafter.

**OCCUPATIONAL EXTENSION FEES AND FEE WAIVERS ARE SET BY THE NORTH CAROLINA GENERAL ASSEMBLY AND ARE SUBJECT TO CHANGE.**

*Important Information Section 10.6 of Session Law 2013-360 eliminated the waiver of tuition for up to six hours of credit instruction and one course of noncredit instruction per academic semester for senior citizens age 65 or older who are qualified as legal residents of North Carolina that was previously allowed in G.S. 115D-5(b)(11)*

If you have a documented disability, it is your responsibility to contact the Disability Coordinator, 828-395-1732 to discuss classroom accommodation.

### USE OF TOBACCO PRODUCTS

**Isothermal Community College is a tobacco-free campus effective January 1, 2019. This applies to all employees, students, contractors, vendors, and visitors. For policy details, see policy 802-02-01BP Use of Tobacco Products.**



# ISOTHERMAL WORKFORCE GRANT

The Isothermal Workforce Grant helps cover the registration fee for residents of Rutherford and Polk counties to get into short-term programs that lead to job certifications.

The programs include Professional Truck Driving, Massage Therapy, Pharmacy Technician, Healthcare Billing and Coding, Phlebotomy, EMT and Paramedic Technician.



**CALL TODAY, 828-395-1476 FOR MORE INFORMATION.**

# ALLIED HEALTH

## Healthcare Billing and Coding

*Instructor: Tiffany Cooper, CPC-I*

This 180-hour course prepares an individual for entry level healthcare billing and coding positions. Course topics can include but are not limited to the roles and responsibilities of this position, managed health care, life cycle of an insurance claim, legal and regulatory considerations, coding regulations, reimbursement issues, claim instructions, medical terminology, filing commercial claims, insurance plans, Medicare, Medicaid, Tricare, and Workers' Compensation. Upon completion, students should also be able to utilize MS Windows and the Internet to effectively retrieve billing-related information and updates and have the knowledge base to apply for national certification as a Certified Billing and Coding Specialist.

**#69975**

February 3- April 30

ONLINE only, \$185

(Registration fee + \$5 Institution technology fee)

**#69976**

September 1- November 30

ONLINE only, \$185

(Registration fee + \$5 Institution technology fee)

## Phlebotomy

*Instructor: Lisa White, PBT*

This 258-hour course provides theory and clinical experiences needed for proper collection of blood and other specimens used for diagnostic testing. Emphasis is placed on ethics, legalities, medical terminology, safety and universal precautions, health care delivery systems, patient relations, anatomy and physiology, and specimen collection. Upon successful completion of the course, students should be able to safely perform procedures necessary for specimen collections on patients in various health care settings and may be eligible for national certification as phlebotomy technicians.

**#69977**

January 9 – April 17

ONLINE & Wednesdays 8 AM-4:30 PM

Polk Campus, Room 110 \$185

(Registration fee + \$5 Institution technology fee)

## Pharmacy Technician

*Instructor: Keith Hunt, RPH*

This 208-hour totally online course is designed to provide instruction in the technical procedures for preparing and dispensing drugs in the hospital and retail settings under supervision of a registered pharmacist. Topics include drug packaging and labeling, outpatient dispensing, hospital dispensing procedures, controlled substance procedures, inventory control, and non-sterile compounding. Upon completion, students should be able to perform basic supervised dispensing techniques in a variety of pharmacy settings. Students who successfully complete this training program will be eligible to sit for the Pharmacy Technician Certification Exam (PTCE) offered through the Pharmacy Technician Certification Board (PTCB).

**#69972**

January 8 – April 30

ONLINE only, \$185

(Registration fee + \$5 Institution technology fee)

**#69973**

May 8 – August 31

ONLINE only, \$185

(Registration fee + \$5 Institution technology fee)

**#69974**

September 4 – December 31

ONLINE only, \$185

(Registration fee + \$5 Institution technology fee)



**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1405**



# ALLIED HEALTH

## Medication Aide

Instructor: Loretta Whiteside

This 24-hour course is designed to meet the training requirements for becoming qualified as a Medication Aide and Med-Tech. The course will cover the six rights of medication administration for non-licensed personnel. Topics will include medication administration via the oral, topical and instillation routes, medical asepsis, hand hygiene, terminology, and legal implications. Upon completion, students should be able to take the competency exam and demonstrate the skills necessary to qualify for listing on the North Carolina Medication Aide Registry. **Prerequisite: Current listing on the NA I Registry.**

#70116

Thursdays 8 AM - 2:30 PM

January 2, 9, 16, 23

Polk Campus, Room 118, \$70

#70117

Thursdays 8 AM - 2:30 PM

February 6, 13, 20, 27

Polk Campus, Room 118, \$70

#70118

Thursdays 8 AM - 2:30 PM

March 6, 13, 20, 27

Polk Campus, Room 118, \$70

#70123

Thursdays & Fridays, 8AM - 2:30PM

April 3, 10, 17, 24

Polk Campus, Room 118, \$70

#70124

Thursdays 8AM - 2:30PM

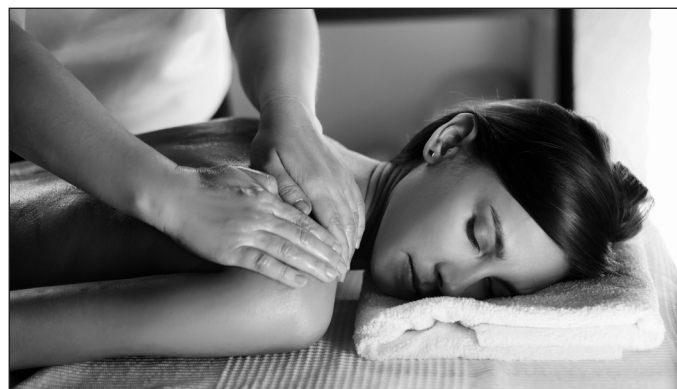
May 1, 8, 15, 22

Polk Campus, Room 118, \$70

### TO REGISTER FOR CLASSES:

ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)

BY PHONE: (828) 395-1405



## MASSAGE THERAPY PROGRAM

**Coordinator:** Karen Marshall

**Instructors:** Elizabeth Mills, LMBT & Stacey Barrett, LMBT

**PLEASE NOTE:** Our full Massage Therapy Program class costs will include registration fee(s), mandatory textbooks/workbooks, scrubs and other incidental costs for personal supplies.

### Massage Therapy

Our 660-hour massage therapy program combines lecture time with hands-on practice of massage techniques. Coursework includes anatomy and physiology, kinesiology, nutrition, business practices, ethics and specific massage modalities. Students will gain hands-on experience working with the public in a clinic setting through the program's student massage clinic.

Upon completion of the program, graduates may sit for the MBLEx (Massage and Bodywork Licensing Exam), the sole licensing exam for the Massage Profession. Upon successfully passing the MBLEx, graduates may apply to NCBMBT (North Carolina Board of Massage and Bodywork Therapy) for their license to practice massage in the state of North Carolina or to other state boards to practice in other states. Isothermal Community College's program prepares students for a career in Massage Therapy in hospitals, health & fitness centers, wellness centers, chiropractic offices, resorts, spas, nursing homes, cruise ships, and more.

According to the Bureau of Labor Statistics, employment of Massage Therapists is projected to grow 18% from 2023 to 2033, much faster than the average for all occupations. (Bureau of Labor Statistics, U.S. Department of Labor, Occupational Employment Statistics, 07/13/2022 [www.bls.gov/oes/](http://www.bls.gov/oes/))

### Prerequisite:

High School diploma or GED. College Transcripts or CASAS Reading Test Scores. Students must be at least 18 years of age by the first day of class.

**New Classes Starting Summer 2025! Call Today to join the contact list.**

**Registration Fee: \$180**

**Books (approximate): \$425**

**Black Scrubs (approximate) \$45**

**Pathways Course Fee: \$70**

**CPR Certification: \$5**

### TO REGISTER FOR CLASSES:

ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)

BY PHONE: (828) 894-3092

# ALLIED HEALTH

## CERTIFIED NURSING ASSISTANCE PROGRAM

### **Nurse Aide Level I - HYBRID CLASSES NOW AVAILABLE!!!!**

This 188-hour course is designed to prepare graduates to provide personal care and perform basic nursing skills for the elderly and other adults. Emphasis on aging process including mental, social and physical needs of the elderly, patient's rights, nutrition management, elimination procedures, safe environment, restorative services, personal and special care procedures and activities, human body structure and function and related common disease/disorders, communication and documentation, death and dying, and roles of the nursing assistant and health team members. A skill/competency evaluation is required. The course includes class, laboratory and clinical learning experiences. Upon satisfactory completion of the course and skill/competency evaluation, the graduate is eligible to apply for listing as a Nurse Aide I by the N.C. Division of Facility Services.

**Prerequisite: Pathways to C.N.A. course (will be discussed on registration day).**

**\*Financial aid opportunities are available for the Nurse Aide Level I courses for qualifying students**

#69810

Instructor: Carole Robbins, RN, BSN

ONLINE & Friday, 8:00 AM - 4:30 PM

January 6 – May 16

Polk Campus, Room 116, \$185

(Registration fee + \$5 Institution technology fee)

#70119

Instructor: Cassidy Butler, RN, BSN

ONLINE & Wednesdays, 8:00 AM - 4:30 PM

January 6 – May 7

Polk Campus, Room 116, \$185

(Registration fee + \$5 Institution technology fee)

#70133

Instructor: Susan Davis, RN, BSN

ONLINE & Tues/Thurs, 5:00 PM – 9 PM

January 13 – May 6

Polk Campus, Room 116, \$185

(Registration fee + \$5 Institution technology fee)

#70120

Instructor: Katie Edwards, RN, BSN

ONLINE & Saturdays, 8:00 AM - 4:30 PM

March 31 – August 9

Polk Campus, Room 116, \$185

(Registration fee + \$5 Institution technology fee)

#70121

Instructor: Loretta Whiteside, RN, MSN

ONLINE & Wednesday, 8:00 AM - 4:30 PM

April 27 – August 27

Polk Campus, Room 116, \$185

(Registration fee + \$5 Institution technology fee)

### **TRADITIONAL IN PERSON CLASSES:**

#70134

Instructor: Amy Owens, RN, BSN

Sat/Sun, 8:00 AM - 4:30 PM

April 7 – July 14

Polk Campus, Room 116, \$185



**Have you thought about  
becoming a Practical Nurse or  
a Registered Nurse?**

***Begin planning today!***

**Contact The Patriot Hub**

**Phone: 828-395-4136**

**Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)**

**In Person: Room 32 of the Student Center**

**ISOTHERMAL**  
COMMUNITY COLLEGE

**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1405**



# COMPUTER SKILLS & TECHNOLOGY

## Part 107 Remote Pilot Exam Prep

*Instructor: Brannon Ferguson*

This course prepares learners for small Unmanned Aircraft Systems (sUAS)/Drone flight certification. Topics include flight theory, flight operations, and flight training utilizing the Federal Aviation Administration (FAA) Remote Pilot - Small Unmanned Aircraft Systems Study Guide, North Carolina Unmanned Aircraft Systems Operator Permit Knowledge Test Study Guide, and North Carolina Department of Transportation (NCDOT) Division of Aviation UAS flight standards & best practices. Learners will gain an introduction to commercial, government, and recreational drone applications. Coursework will highlight topics such as regulations, weather, airspace, human factors and sUAS performance. Upon completion, students will be prepared to sit for the FAA Part 107 Remote Pilot Knowledge Test and NCDOT UAS Operator Permit. This course must be taught utilizing the NC Department of Transportation Division of Aviation approved curriculum.

#70115

Tues/Thurs & Online, 6-8PM

January 14 - February 21

Rutherford Campus, Foundation Bldg., Hickory Room,  
\$75

(Registration fee + \$5 Institution technology fee)

**Brannon Ferguson** is a native of Rutherfordton and a graduate of R.S. Central (1999). After graduating high-school he studied accounting at UNC Charlotte and later earned an M.B.A. from the University of Phoenix. While pursuing his graduate degree he started at Bank of America as an analyst in Global Corporate Investments. During the 2008 recession his experience at BofA led him to Capital Bank as a Portfolio Manager and he later worked at Wells Fargo as a Business Systems Analyst. After banking he found himself in logistics at Empire Distributors before eventually leaving the corporate world, started substitute teaching, and pursued NC Drones LLC full-time. During this time 'drone' technology became reliable and reasonably priced from a return-on-investment perspective and once he learned the data collection and analytic capabilities, coupled with industry changing technology, he was hooked indefinitely.

## SGD Programming

*Instructor: Jack Stephens*

This course introduces the fundamentals of programming languages and tools employed in simulation and game development. Emphasis is placed on programming concepts used to create simulations and games. Upon completion, students should be able to program simple games and/or simulations.

#70153

March 13 - May 13

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## C++ Programming

*Instructor: Jack Stephens*

This fully online course introduces computer programming using the C++ programming language with object-oriented programming principles. Emphasis is placed on event-driven programming methods, including creating and manipulating objects, classes, and using object-oriented tools such as the class debugger. Upon completion, students should be able to design, code, test and debug at a beginning level. *Please check the Isothermal Bookstore online at (<https://bookstore.isothermal.edu/>) for required textbook information.*

#70071

January 14 - March 7

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Advanced C++ Programming

*Instructor: Jack Stephens*

This fully online course is a continuation of CSC 134 using the C++ programming language with standard programming principles. Emphasis is placed on advanced arrays/tables, file management/processing techniques, data structures, sub-programs, interactive processing, sort/merge routines, and libraries. Upon completion, students should be able to design, code, test, debug and document programming solutions. *Please check the Isothermal Bookstore online at (<https://bookstore.isothermal.edu/>) for required textbook information.*

#70075

March 13 - May 13

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)



**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1476**

# COMPUTER SKILLS & TECHNOLOGY

## Java Programming

*Instructor: Jack Stephens*

This course introduces computer programming using the JAVA programming language with object-oriented programming principles. Emphasis is placed on event-driven programming methods, including creating and manipulating objects, classes, and using object-oriented tools such as the class debugger. Upon completion students should be able to design, code, test, and debug JAVA language programs. *Please check the Isothermal Bookstore online at (<https://bookstore.isothermal.edu/>) for required textbook information.*

#70163

January 14 - March 7

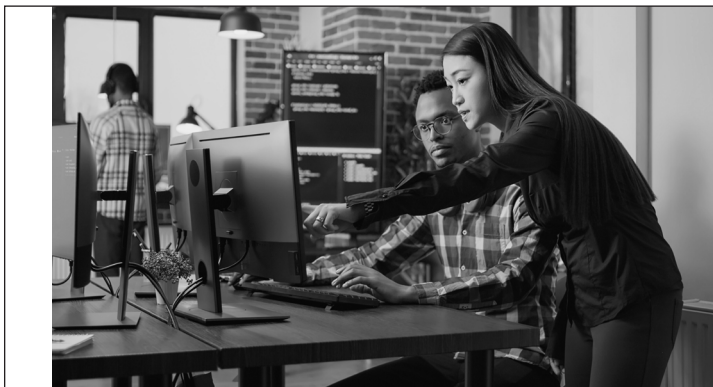
ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Advanced Java Programming

*Instructor: Jack Stephens*

This course is a continuation of CSC 151 using the JAVA programming language with object-oriented programming principles. Emphasis is placed on event-driven programming methods, including creating and manipulating objects, classes, and using object-oriented tools such as the class debugger. Upon completion, students should be able to design, code, test, debug, and implement objects using the appropriate environment. *Please check the Isothermal Bookstore online at (<https://bookstore.isothermal.edu/>) for required textbook information*



#70164

March 13 - May 13

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476

## Transform Your Future with Mechatronics at Isothermal Community College!

### Why Mechatronics at ICC?

- Acquire highly sought-after skills.
- Master mechanical, electrical, and computer systems.
- Engage with cutting-edge automation and robotics.
- Experienced faculty and hands-on training.

### Contact Us:

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828) 395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

**ISOTHERMAL**  
COMMUNITY COLLEGE



# CREATIVE/VISUAL ARTS

## Painting Open Studio

Instructor: Vicki Van Vynckt

Turn your blank canvas or paper into a work of art! In this painting class you choose your subject matter and the medium you prefer to work with: oils, acrylics, or watercolor. You will receive expert guidance in composition, color, color mixing, values, and other elements of design by instructor Vicki Van Vynckt. Beginning oil and acrylic artists are welcome. Watercolor artists should have some previous experience. Students are welcome to come and go as they please within the open studio period. Students need to bring their own supplies and projects to work on. If you are a beginner, please request a list of supplies that are available at the ICC Polk Campus office (828) 894-3092.

#69929

Tuesday, 9 AM - 3 PM

December 3 - February 11

Polk Campus, Room 103, \$90

Class includes one-hour lunch break.

#70004

Tuesday, 9 AM - 3 PM

February 18 - April 8

Polk Campus, Room 103, \$90

Class includes one-hour lunch break.

#70005

Tuesday, 9 AM - 3 PM

April 22 - June 17

Polk Campus, Room 103, \$90

Class includes one-hour lunch break.

No class on May 20th.

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092

*Nature has always been the greatest inspiration for Vicki's paintings. She feels grateful to be living in the foothills of the beautiful Blue Ridge Mountains and the inspiration it brings to her art. For Vicki, painting is an expression of gratitude for these gifts of nature. She started painting in oils at the age of fifteen and had always created art even earlier than she can remember. Her mother and grandfather were artists and so she was encouraged to be creative from a young age. Her subject matter includes skiescapes, landscapes, animals, dreamscapes, and abstracts. She also has experimented with different art mediums through the years, with her favorite being oils and alcohol inks. At Cottey College, the University of Southern Indiana, and The Atelier art school Vicki continued fine art studies and eventually began teaching art through various art organizations as well as out of her home. She has been teaching painting classes at Isothermal Community College for over five years. Her paintings have been shown in over ninety art exhibitions since 1988 and she is currently represented by galleries in North Carolina, South Carolina, and online. You may visit her website at [www.vanvyncktfineart.com](http://www.vanvyncktfineart.com) or contact her at (828) 859-6758 for more information about her artwork or classes.*

## Prepare for a career in Cosmetology!

**Are you ready to enter a world of creativity,  
sculpting and Design?**

- Produce professional imaging in hair care.
- Master an understanding of nail care.
- Acquire appropriate manipulative techniques in skin care.
- Recognize the differences in multicultural cosmetic practices.

**Contact Us:**

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828) 395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

**ISOTHERMAL**  
COMMUNITY COLLEGE

# CREATIVE/VISUAL ARTS

## Drawing Open Studio

*Instructor: Janet Orselli*

Have you been developing your drawing skills on your own but want constructive feedback? In this class you choose what you want to draw while connecting creatively with others in an encouraging atmosphere. This class is an opportunity to bring your work to a supportive audience, gain guidance and expand your artistic direction. Class will be geared to address individual student questions and interests. Students need to bring their own supplies and projects to work on.

#69969

Mon, 1 PM - 4 PM

January 27 - March 3

Polk Campus, Room 103, \$60

#69971

Mon, 1 PM - 4 PM

March 10 - April 14

Polk Campus, Room 103, \$60

## Beginner/Intermediate Drawing:

*Instructor: Janet Orselli*

This six-week course is geared for those at either the beginner or intermediate level of drawing. It will teach the basic skills needed to draw well—and also tap into your natural artistic abilities and creativity. You will do this by learning to “see” as an artist sees. That means learning to process visual information the same way artists do. Through specific exercises you will learn about gesture, contour and cross-contour drawing, composition, negative/positive space, and value. One goal is to recognize your individual learning style and better understand how to grow as an artist. Bring 4B/6B drawing pencils, vine charcoal (purchase online at Michaels or an art supply store), kneaded eraser and at minimum a medium-large sized sketch pad (the bigger the better) to your first class.

#69966

Wed, 1 PM - 4 PM

January 22 - February 26

Polk Campus, Room 103, \$60

#69967

Wed, 1 PM - 4 PM

March 12 - April 16

Polk Campus, Room 103, \$60

## Introduction to Watercolor & Ink:

*Instructor: Alaina Carnahan*

Join 2-Dimensional artist Alaina Carnahan for this 6 week course introducing the basics of painting with ink and watercolor. Creating in liquid mediums can have a calming, therapeutic effect, come learn to “go with the flow” and emerge with a new piece, method to decompress, and shared experience. A brief discussion of materials, techniques and artists is followed by hands-on creation resulting in an artwork or reference samples for enjoyment and future reference. Students should bring watercolor paper, watercolor palette and Indian ink, brushes, basic pencil, eraser, and a white crayon or watercolor resist pen.

#70086

Tuesday, 3:30 PM - 6:30 PM

January 28 - March 18

Polk Campus, Room 103, \$75

No class on 2/11 & 3/11.

## Plein Aire

*Instructor: Wendy West*

Enjoy the outdoors and capture the beauty of autumn while painting with pastels! No experience necessary, just a desire to enjoy the versatility and instant gratification pastels offer. We will venture outside on the beautiful Columbus campus. We will learn the basics of working with soft pastels and capturing natural light. Students should bring the following supplies: a soft pastel set, paper pad suitable for pastels, and wipes for cleanup.

#70082

Friday, 9 AM - 12 PM

January 31 - February 21

Polk Campus, Room 103, \$45

#70084

Friday, 9 AM - 12 PM

March 7 - March 28

Polk Campus, Room 103, \$45



TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092



# CREATIVE/VISUAL ARTS

## Introduction to Printmaking

*Instructor: Alaina Carnahan*

Join 2-Dimensional artist Alaina Carnahan for this 6-week class introducing the basics of printmaking. A discussion of materials, techniques and artists is followed by a brief demonstration and hands-on projects in both additive and reductive processes. This is a very hands-on course. For better accessibility, this course welcomes late arrivals by caregivers and working students with projects able to be taken home to accommodate necessary early departures. Attendance at every class is NOT required. We will celebrate student learning with a show of artwork created during this class (voluntary participation).

#70087

Tuesday, 3:30 PM - 6:30 PM

April 1 - May 13

Polk Campus, Room 103, \$75

No class on 4/15.

## Eye to Hand Drawing Workshop:

*Instructor: Janet Orselli*

This one time 3-hour drawing intensive focuses on looking closely; guiding you to see your hand with an artist's eye. Students will observe, draw slowly, loosen up and practice the ins and outs of a range of "hands-on" contour line drawing exercises. This workshop provides a jumpstart to drawing from your unique internal eye. Students should bring with them a packet of vine charcoal (comes in thin sticks. It can be purchased on-line, at Michaels, Hobby Lobby or an art supply store), a kneaded eraser, and a medium sized sketchpad or paper. Students must bring their own supplies to class.

#69963

Wed, 1 PM - 4 PM

January 15

Polk Campus, Room 103, \$20

#69964

Wed, 1 PM - 4 PM

March 5

Polk Campus, Room 103, \$20

*Janet Orselli is a multidisciplinary artist known for her sculptural assemblages, drawings, and site-specific installations. Holding an MFA from Clemson University, Orselli boasts an extensive exhibition history, including solo shows at prestigious venues such as OK Harris Works of New York City and the Gibbes Museum of Art in Charleston, SC. She has also participated in numerous group exhibitions both regionally and nationally, showcasing her diverse artistic practice. Orselli's accolades include a Pollock-Krasner Foundation Fellowship and multiple grants from the North Carolina Arts Council. She has served as an Artist-in-Residence at the 701 Center of Contemporary Art in Columbia, SC.*

*Orselli says, "I love it when the act of drawing allows me to connect mind, body and emotion to reach something beyond what I expect or know. It is my desire to assist students in finding the same sense of fulfillment".*

## Creative Sculpting

*Instructor: James Weitzel*

Learn the basics of clay sculpture, starting with an introduction to the medium, subject selection and plan drawing. This is followed by basic mold making and resin casting. Students will get their creative juices going with the creation of small-scale sculptures from start to finish. Minimal supplies will need to be purchased prior to class. A supply list is available at the time of registration.

#70007

Mon, 10 AM - 12 PM

February 17 - March 17

Polk Campus, Room 103, \$50

#70008

Mon, 10 AM - 12 PM

April 7 - May 12

Polk Campus, Room 103, \$50



TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092

# CREATIVE/VISUAL ARTS

## Photography

*Instructor:Giuliana Riley*

Learn how to take control of your camera to obtain impressive images of your favorite subjects. Make stronger photographs by using striking composition, interesting perspective, and appropriate focal length. Whether you are interested in photographing equestrian activities, sports, people, landscapes, flowers, or animals, mastering camera settings will greatly improve the quality of your pictures. Learn how to select the proper shutter speed and aperture to obtain the desired outcome. Practice setting your camera to get better photos in low light without using a flash. This class will provide individualized hands-on instruction and practice on location. Some digital editing will also be included. Bring any camera and manual, if available. A digital photo storage device, such as a thumb drive, would also be useful.

#70037

Mon, 6 - 9 PM

April 7 - May 5

No class on 4/14

Rutherford Campus, Willow Room FDN Building, \$65  
(Registration fee + \$5 Institution technology fee)



**Giuliana Polinari Riley** has previously taught Photography in the Applied Science and Technology Department of Isothermal Community College for over thirty years. She is the recipient of multiple Photography awards from Kodak, Artists Abroad, Verona, Italy, Rutherford County Visual Arts Guild; and she was granted the 2014 and 2019 Regional Artist Project Grants

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092

## Discover a fulfilling opportunity in Early Childhood Education

### Embark on a career that Shapes The Future!

- Create environments that are healthy, respectful, supportive, and challenging to all children
- Design and implement developmentally effective curriculum that addresses all areas of learning
- Use authentic assessment responsibility to make informed decisions to guide all children's learning
- Utilize technology to enhance learning for all children
- Serve as a leader, advocate, and professional in the field of early education

### Contact Us:

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828) 395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

**ISOTHERMAL**  
COMMUNITY COLLEGE



# GENERAL INTEREST & HOBBIES

## Adult Beginning Ballet

*Instructor: Tia Hollinshead*

Develop your strength, flexibility, and artistry by leaping into this course designed to introduce new dancers to the fundamentals of ballet technique. Open to students 18+, with no dance experience required, this true beginner ballet class will establish a foundational knowledge of ballet vocabulary, positions and movement. This course offers a welcoming entry point for all students to explore an expressive and challenging art form.

*\*Students wear comfortable clothes with either regular ballet slippers (approximately \$27) or socks with gripper dots.*

**#70058**

Saturday, 8:30 AM - 9:30 AM

January 18 - March 8

Polk Campus, Room 105 (Auditorium), \$45

**#70059**

Saturday, 8:30 AM - 9:30 AM

March 29 - May 24

Polk Campus, Room 105 (Auditorium), \$45

No class on April 19th.

**\*\*Evening Beginner Ballet courses coming this spring! Call (828) 894-3092 to be added to our waitlist!**

*Tia Hollinshead is a seasoned ballet teacher and former professional dancer.*

## Poetry Craft Workshop

*Instructor: Greg Lobas*

In this poetry workshop we will explore the narrative poem, writing your own experience into poetry, and writing nature poetry, which lends itself to the lyrical. We will look at ways to heighten the impact of language to shine a light on the emotional content of a poem. We will look at illustrative examples from established authors, and we will critique one another's poetry in class. This workshop is suitable for all levels of experience.

**#70099**

Monday, 1 PM - 3 PM

January 6 - February 3

Polk Campus, Room 110, \$45

No class on January 20th

**#70100**

Monday, 1 PM - 3 PM

February 10 - March 3

Polk Campus, Room 110, \$45

**TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092**

## Dental Assisting Program: Your Pathway to a Rewarding Career!

**Equip yourself with essential skills and  
knowledge to thrive in this dynamic  
profession**

- Master chair side assisting skills.
- Integrate infection control techniques.
- Obtain radiography proficiency
- Gain ability to perform appropriate life-saving measures for medical emergencies in a dental setting

**Contact Us:**

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828) 395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

**ISOTHERMAL**  
COMMUNITY COLLEGE

# GENERAL INTEREST & HOBBIES

## Let's Play Mahjong!

*Instructor: Wendy West*

Mahjong is a tile-based game similar to the card game Rummy. It was developed in 19th century China. It has spread throughout the world and is now very popular in the United States. Mahjong is the perfect game for people of all ages who want to challenge their mind AND have fun! Students will learn to play according to the National Mahjong League and will utilize the American Mahjong Strategy Guide to develop their skills. This game is usually played with four players, however it can be played with three. Meet new friends or bring your own! \*Participants need to bring their own Mahjong game set.

#70074

Wednesday, 1 PM - 4 PM  
January 22 - February 19  
Polk Campus, Room 110, \$60

#70076

Wednesday, 1 PM - 4 PM  
February 26 - March 26  
Polk Campus, Room 110, \$60

#70077

Wednesday, 1 PM - 4 PM  
April 2 - April 30  
Polk Campus, Room 110, \$60

#70078

Wednesday, 1 PM - 4 PM  
May 7 - June 4  
Polk Campus, Room 110, \$60



## Intermediate Mahjong!

*Instructor: Wendy West*

Mahjong is a tile-based game similar to the card game Rummy. It was developed in 19th century China. It has spread throughout the world and is now very popular in the United States. Mahjong is the perfect game for people of all ages who want to challenge their mind AND have fun! Students will play according to the National Mahjong League and will utilize the American Mahjong Strategy Guide to develop their skills. This game is usually played with four players; however it can be played with three. Meet new friends or bring your own! \*Participants need to bring their own Mahjong game set.

#70079

Monday, 1 PM - 4 PM  
January 27 - February 24  
Polk Campus, Room 105, \$60

#70080

Monday, 1 PM - 4 PM  
March 3 - March 31  
Polk Campus, Room 105, \$60

#70081

Monday, 1 PM - 4 PM  
April 7 - May 12  
Polk Campus, Room 105, \$60  
No class on April 15th

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092

# STUDENT RESOURCES

## Patriot Pantry

Patriot Pantry is a free, non-perishable food and personal care, needs pantry available to students and employees of the college located on our Main Campus in the Student Center room 17.

Contact [patriotpantry@isothermal.edu](mailto:patriotpantry@isothermal.edu) or Amy Galla at (828) 395-1361.

## Computer Labs

Business Sciences, Rutherford Campus  
Polk Campus

## IT Helpdesk

Get help with any of your ICC Services like email, Moodle and Patriot Port.

Contact [icchelpdesk@isothermal.edu](mailto:icchelpdesk@isothermal.edu) or (828) 395-1437.

## **TimelyCare**

Free Medical and mental health services online for Isothermal Students. Find information inside of Patriot Port.

Contact Cody Ezell at [cezell@isothermal.edu](mailto:cezell@isothermal.edu) or (828) 395-1481.

## **Single Stop** **Single Stop**

Identify and learn how to apply for federal, state and local resources.

Contact Savannah Parton at [sparton@isothermal.edu](mailto:sparton@isothermal.edu) or (828) 395-4324.



# HEALTHY LIVING & PHYSICAL EDUCATION

## **Fitness Swim (Lap Swim)**

*Instructor: Deborah Gerard*

This class is designed for individuals who wish to develop their cardiovascular fitness through swimming laps. Emphasis is placed on increasing cardiovascular fitness, muscle strength, and muscle endurance. This program is individually paced. You may keep a record of your laps, time, and pulse rate to chart progress.

Mon/Wed/Thurs/Fri, 7 - 7:50 AM

Rutherford Campus, Student Center, Pool, \$60

Class will start in the Spring semester. *Please call (828) 395-1476 to be added to the interest list.*

## **Water Exercise / Lap Swim**

*Instructor: Deborah Gerard*

This is a combination class. Participants can choose between self-paced laps to develop cardiovascular fitness or participate with the group performing rhythmic aerobic water activity to increase muscle strength, muscle endurance and flexibility through water resistance.

Mon/Wed/Fri, 1 - 1:50 PM

Rutherford Campus, Student Center, Pool, \$60

Class will start in the Spring semester. *Please call (828) 395-1476 to be added to the interest list.*

## **Water Exercise**

*Instructor: Betsy Pryor*

Participate with the group performing rhythmic aerobic water activity to increase muscle strength, muscle endurance and flexibility through water resistance. Participants can move at their own pace and ability.

Tues/Thurs, 4:45 - 5:40 P

Rutherford Campus, Student Center, Pool, \$60

Class will start in the Spring semester. *Please call (828) 395-1476 to be added to the interest list.*

## **Zumba**

*Instructor: Wavolyn Norville*

In this 6-week Latin inspired dance class, students of all ages and fitness levels will enjoy working out to simple choreography. Join in on the fun, and burn calories while moving to the rhythm. The best part is that it doesn't even feel like exercise!

#70045

Thurs, 6 - 7 PM

January 16 - February 20

Rutherford Campus, Student Center, Gym, \$40

*Instructor **Wavolyn Norville** has been a licensed Zumba Instructor since 2011. She previously taught aerobics. Her motto is "We Zumba because we love it!"*

**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1476**



# LANGUAGE ARTS & CULTURE

## Italian I

*Instructor: Giuliana Riley*

Planning on checking the Italian Dolce Vita in the near future? Or perhaps you want to satisfy an urge to try out the Bel Canto, or you simply want to follow doctor's order to learn a new language to improve your memory. In any case, this Italian class may be what you have been waiting for. Instructor Giuliana Polinari Riley was born in Verona, Italy, and studied in Rome, prior to coming to the United States. You will learn basic expressions for a variety of situations you may encounter visiting Italy, correct pronunciation for your arias, and lots of vocabulary to exercise your memory.

#70040

Mon, 6PM - 9PM

March 3 - 24

Rutherford Campus, Foundation Bldg., Maple Room, \$70

*Instructor **Giuliana Polinari Riley** is a native of Verona, Italy, where she lived for over 20 years, including four years of residence in Rome to study at the "Istituto Magistrale G. Carducci".*

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476



## The Campus Bookstore

Located in the Student Center Building

Go to **[bookstore.isothermal.edu](http://bookstore.isothermal.edu)** for most up-to-date information.

Most all materials can be ordered through the website.

### Hours

**Monday 9 am – 6 pm, Tuesday – Thursday 9 am – 3:30 pm, Friday 9 am – 1 pm**

Extended hours during the week before and two weeks after the first day of the semester:

**Monday – Thursday 8:30 am – 6 pm, Friday 8:30 am – 3 pm**

### SUMMER HOURS

**Monday – Thursday 9:00 – 3:30**

*Hours are subject to change with out notice.*

Isothermal Bookstore carries a full-line of apparel, supplies and accessories with the school logo.

We also have a wide selection of Jansport bookbags with lifetime warranties that sell for 15-30% below retail.

**Please contact us at  
828-395-1633  
with any questions  
or concerns.**

**Don't forget to check out our CLEARANCE Books!**

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Spanish Nail Technology

*Instructor: Ana Chavez*

El plan de estudios de manicura y tecnología de uñas proporciona conocimientos basados en competencias, principios científicos y artísticos y fundamentos prácticos asociados con la industria de la tecnología de uñas. El plan de estudios ofrece un ambiente de salón estimulante que permite a los estudiantes desarrollar habilidades de manipulación. El curso incluye instrucción en todas las fases de la tecnología profesional de uñas, principios comerciales/informáticos, conocimiento del producto y otros temas relacionados. Los graduados deben estar preparados para tomar el Examen de Licencia del Estado de Carolina del Norte y al aprobarlo, obtener la licencia y calificar para empleo en salones de belleza y salones de uñas, como artistas de plataforma y en negocios relacionados.

Los resultados del el programa de estudio para los estudiantes

Los graduados podrán:

1. Demostrar comprensión del cuidado de las uñas.
2. Practicar de forma segura técnicas de limpieza / control de infecciones que incluyan la desinfección de cualquier patógeno transmitido por la sangre.

#70054

Mon/Tues/Weds/Thurs, 1PM - 6PM

January 14 - May 13

No class on 1/20,3/10,3/11,3/12,4/14,4/15,4/16,4/17,4/21  
Rutherford Campus, Student Center West Entrance,  
Room 27 \$180



## Agronomy

*Instructor: Lisa Higgins*

This course provides a basic introduction to field and forage crops. Topics include forage crops, field crops, seed selection, fertility management, field preparation, harvesting, and storage. Upon completion, students should be able to demonstrate a knowledge of forage and field crop production practices.

#70104

Tuesday, 9:30 - 10:45 & Online

January 14 - March 7

Rutherford Campus, BSCI 32/ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

#70105

January 14 - March 7

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Intro to Horticulture

*Instructor: Lisa Higgins*

This course covers the history, development, and basic techniques of horticulture. Topics include propagation techniques, planting procedures, watering and fertility, plant growth, pest and disease control, and garden design and history. Upon completion, students should be able to demonstrate an understanding of the basic principles of horticulture.

#70094

Tuesdays, 10:55AM - 12:10PM

January 14 - March 7

Rutherford Campus, BSCI, Room 32/ONLINE, \$130

(Registration fee + \$5 Institution technology fee)

#70098

January 14 - March 7

ONLINE, \$130

(Registration fee + \$5 Institution technology fee)

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476



# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Introduction to Masonry Techniques

*Instructor: Jamie Brown*

This introductory course in masonry techniques is designed for beginners who are interested in gaining foundational knowledge and skills in the field of masonry. Throughout the course, students will learn the fundamental principles, tools, materials, and techniques used in masonry construction. Emphasis will be placed on hands-on learning experiences to reinforce theoretical concepts.

### Course Objectives:

1. Understand the history and significance of masonry in construction.
2. Identify and describe the various types of masonry materials, including bricks, stones, and mortar.
3. Develop proficiency in using basic masonry tools and equipment safely and effectively.
4. Learn different masonry techniques, such as laying bricks, blocks, and stones, as well as pointing and jointing.
5. Gain an understanding of basic structural principles and considerations in masonry construction.
6. Explore common masonry applications and their practical uses in building projects.
7. Cultivate problem-solving skills by addressing challenges encountered during hands-on exercises.

#70116

Tuesday, 6 PM – 9 PM

March 4 – April 8

Rutherford Campus, CTTB 9, \$70

**Jamie Brown** is a seasoned mason with over two decades of experience in the trade. His journey in the world of masonry began roughly 20 years ago, where he honed his skills and expertise, specializing in both residential and commercial projects. With a passion for craftsmanship and a keen eye for detail, he ventured into entrepreneurship, owning and operating his own masonry business for several successful years. However, his love for the craft extended beyond just his own projects. Two years ago, he made a pivotal decision to transition into education, becoming a masonry teacher at Chase High School. This shift allowed him to share his wealth of knowledge and experience with eager minds, shaping the next generation of masons.

## Professional Truck Driving

*Instructors: Provided through the partnership with Caldwell Community College and Technical Institute*

The Truck Driver Training program prepares individuals to drive tractor trailer rigs. This course teaches proper driving procedures, safe driver responsibility, commercial motor vehicle laws and regulations, and the basic principles and practices of operating commercial vehicles. The course work includes motor vehicle laws and regulations, map reading, vehicle maintenance, safety procedures, daily logs, defensive driving, freight handling, security and fire protection. Highway driving training exercises and classroom lectures are used to develop the student's knowledge and skills. Upon successful completion, the students are qualified to take the Commercial Driver's license exam to earn their Class A- CDL and are employed by commercial trucking firms. They may also become owner-operators and work as private contract haulers. Truck driving company recruiters will visit the class, and the majority of students accept a position and are ready to begin their career upon successfully graduating.

**REQUIRED ORIENTATION** on February 27, 10AM

**Class Dates:** March 18 - May 21

Mon - Weds, 8AM - 5:30PM

Thurs, 8AM - 3:30PM

Fridays, Online

Rutherford Campus

*To register for professional truck driving contact: Mark Franklin,  
828-395-1677 or [mfranklin@isothermal.edu](mailto:mfranklin@isothermal.edu)*



**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1476**

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Small Engine Repair

*Instructor: John Womack*

Keep those mowers, chainsaws, tillers, and weed eaters humming along for years to come. Learn not only how to repair these pieces of equipment, but how to maintain them. John will show you how to solve engine problems as well as prevent new ones. We will go from basic to advance in 8 weeks of class. One night per week, 3 hours per night. This class is a consolidated course from previous small engine and advanced small engine course offerings. **Bring tools (screwdrivers, wrenches, etc.) and items to be repaired to the second class (John will provide advice during the first class on what to bring). You must be at least 16 years of age.**

#70048

Monday, 6 - 9 PM

February 17 - April 7

Rutherford Campus, Business Sciences, Room 3, \$70

## Auto Dealers-Renewal

*Instructor: Dennis Mauk*

This course will meet the six-hour continuing education requirement for your license renewal as ordered for Independent Auto Dealers by House Bill 432. House Bill 432 mandates that any independent auto dealer seeking renewal of his/her license must show proof of attendance at a DMV-approved, six-hour continuing education class every year. Study will include yearly updated topics such as Salesman License/Registration, Bill of Sale, Warranties, Repossessed Vehicles, Tag Requirements and other State required information.

#70041

Monday, 8:30AM - 3:30PM

March 31

Rutherford Campus, Foundation Bldg., Hickory Room, \$70

*Instructor **Dennis Mauk** is an independent contractor to 15+ Community Colleges where he teaches a 6-hour recertification course for independent automobile dealers. He also developed and teaches a 12-hour new automobile dealer course for the Community College System of North Carolina, one of two approved by the DMV of North Carolina.*



## Vehicle Safety Inspection Certification - Initial and Renewal

*Instructor: Larry Bailey*

This class prepares students to renew and obtain the license for North Carolina Auto Safety Inspection. This course is designed to meet the training requirements (initial and/or renewal) for the Auto Safety Inspection Program administered by the NC Division of Motor Vehicles, License and Theft Bureau. To be licensed as a safety inspector, a mechanic must attend an eight-hour safety course and pass a state certification exam. Topics covered include an overview of DMV regulations, inspection procedures and proper use of diagnostic equipment. **Students MUST bring the station number of their employer.** Regulations manuals will be provided for use in the classroom

#70049

Wed/Thurs, 6PM -10PM

January 8 & 9

Rutherford Campus, Business Sciences, Blue Room 15, \$70

#70052

Wed/Thurs, 6PM -10PM

February 12 & 13

Rutherford Campus, Business Sciences, Blue Room 15, \$70

#70053

Wed/Thurs, 6PM -10PM

March 19 & 20

Rutherford Campus, Business Sciences, Blue Room 15, \$70

#70055

Wed/Thurs, 6PM -10PM

April 9 & 10

Rutherford Campus, Business Sciences, Blue Room 15, \$70

#70056

Wed/Thurs, 6PM -10PM

May 7 & 8

Rutherford Campus, Business Sciences, Blue Room 15, \$70

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476

Isothermal Community College Continuing Education

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Notary Public

*Instructor: Stephanie Herndon*

Become a Notary Public! You will learn about the most current legal and ethical procedures and notary laws on how to obtain a notary commission as you prepare for the required North Carolina test. To become a Notary, you must be at least 18 years old, have a high school diploma or GED, live or work in NC, have a valid non-expired government ID, and be able to read, write and speak English. All students must pass the test given at the end of the class with an 80%. All students must bring a black ink pen to complete the notary application in class. Students **MUST** purchase the 2016 Notary Public Manual prior to the first day of class. This 2016 edition of the North Carolina Notary Public Manual, prepared by the North Carolina Department of the Secretary of State, contains practical instruction, tips, and best practices, essential tools for North Carolina notaries public. It provides updated information including the North Carolina Administrative Code section for notaries that was not in the previous edition. This book is available at the college bookstore and has an estimated cost of \$30. See the list of requirements below.

- All students must be at least 18 years of age with a high school diploma or GED
- All students must show a valid unexpired Government ID
- All students must have the 2016 Notary public manual on the day of class
- All student must live or work in NC and be a legal US resident
- All students must be able to read, write, speak English
- All students must have a black ink pen to complete the notary application in class
- All students will need paper to take notes
- All students must pass the class with an 80%

#70063

Tuesday, 8:30AM - 3:30PM, January 14, \$70

#70064

Monday, 8:30AM - 3:30PM, February 17, \$70

#70065

Monday, 8:30AM - 3:30PM, March 17, \$70

#70066

Tuesday, 8:30AM - 3:30PM, April 15, \$70

#70067

Tuesday, 8:30AM - 3:30PM, May 20, \$70



**All Notary Public classes will be held at the Rutherford Campus, Foundation Building in the Hickory Room**

## Electronic Notary Certification

*Instructor: Stephanie Herndon*

Participants are required to have a valid commission as a notary public in NC to qualify for the electronic notary certification. This course instructs individuals in procedures required to exercise electronic notarial acts as set forth by the NC Secretary of state. The course will cover NC Electronic notary acts and electronic notary procedures. Participants must have a valid ID, Notary Manual and Electronic Manual for class. Students will also need their notary commission number.

#70109

Friday, 9AM - 1PM

March 28

Rutherford Campus, Foundation Bldg., Hickory Room, \$70

**Stephanie M. Herndon** has been a Notary Instructor for 20 years and an Electronic Notary Instructor for 6 years. Ms. Herndon loves teaching the 10B Notary Law and is one of 80 Notary Instructors teaching for the Secretary of State office. She won the Distinguished Adjunct Faculty Award for 2023-2024.

**TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476**



# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Equine Production

*Instructor: Kim Wawzysko*

This course introduces the production of horses. Topics include anatomy and physiology, reproduction, genetics, selection, and basic management practices. Upon completion, students should be able to demonstrate a basic understanding of the production and management of horses.

#70136

March 13 - May 13

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Horse Science II

*Instructor: Kim Wawzysko*

The course covers horse industry practices and emphasizes basic horse husbandry and stable management practices, with an emphasis on practical application. Topics include prevention, identification and treatment of diseases, injuries and treatments, lameness, parasites, common medications, and work ethic. Upon completion, students should be able to further perform horse husbandry and stable management practices and explain related theory.

#70106

Tuesday, 11AM - 1PM & Online

January 14 - May 13

Rutherford Campus, BSCI 31/ONLINE \$185

(Registration fee + \$5 Institution technology fee)

## Horsemanship I

*Instructor: Kim Wawzysko*

This course covers fundamentals of groundwork and basic theories of horsemanship and training, with emphasis on a balanced seat, communication with, feel for and influence over the horse. Topics include horse care, equipment, position development and strengthening, show turn out, groundwork and riding theory, riding maneuvers and patterns. Upon completion, students should be able to competently perform groundwork, demonstrate a balanced position, coordinate aids to perform maneuvers and patterns, and discuss riding theory.

#70141

January 14 - May 13

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Equine Behavior

*Instructor: Kim Wawzysko*

This course covers the factors affecting equine behavior. Emphasis is placed on equine instincts and the influence of genes and nutrition; their perception and response to stimuli, including sexual and reproductive behaviors; and equine communication and the nature of their social organization. Upon completion, students should be able to explain how and why behavioral problems occur and how they can be prevented; and describe different approaches to equine learning in a training environment.

#70144

Tuesday, 1:15PM - 2:15PM & Online

January 14 - March 7

Rutherford Campus, BSCI 31/ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Equine Nutrition

*Instructor: Kim Wawzysko*

This course studies equine nutrition and its application, including concentrates, hays, forages, and supplements. Topics include basic digestive anatomy and physiology, common feeds and supplements, nutritional needs in specific situations, and ration balancing. Upon completion, students should be able to explain feeding practices and critique rations for classifications of horses.

#70145

March 13 - May 13

ONLINE, \$130

(Registration fee + \$5 Institution technology fee)



**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1476**

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Training the Therapeutic Horse

*Instructor: Kim Wawzysko*

This course covers the equine training of the therapeutic horse. Topics include evaluation, preparation and safety of the therapeutic horse; identifying and knowing the proper use of tack, equipment, and adaptive equipment; gaits, seat position, mounting/dismounting, and recognizing signs of health and wellness of the horse. Upon completion, students should be able to evaluate and train the therapeutic horse.

#70146

March 13 - May 13

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Equine Assisted Act-Teaching

*Instructor: Kim Wawzysko*

This course introduces teaching in the equine assisted activities program. Emphasis is placed on effective communication in organizing, preparing and teaching lessons to individuals with disabilities; and assigning students, horses and volunteers. Upon completion, students should be able to assign students, horses and volunteers; train volunteers, maintain program notes and interact with parents, teachers and other professionals.

#70147

January 14 - March 7

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Discover Your Future in Machining!

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- Join our Computer Integrated Machining
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### Contact Us:

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828)395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

## Print Reading

*Instructor: Bobbi Hodge*

This course introduces the basic principles of print reading. Topics include line types, orthographic projections, dimensioning methods, and notes. Upon completion, students should be able to interpret basic prints and visualize the features of a part or system.

#70148

Mon/Wed, 4:00 PM - 5:30PM & Online

March 13 - May 13

Rutherford Campus, ETWD Building, Room 213/ON-LINE, \$130

(Registration fee + \$5 Institution technology fee)

## Print Reading-Construction

*Instructor: Cheryl Weeks*

This course covers the interpretation of prints and specifications that are associated with design and construction projects. Topics include interpretation of documents for foundations, floor plans, elevations, and related topics. Upon completion, students should be able to read and interpret construction prints and documents.

#70159

Monday/Wednesday, 12:20 PM - 3:00 PM

January 14 - March 7

Rutherford Campus, BSCI, Room 19, \$125

## Electrical Wiring Systems

*Instructor: Rodney Cole*

This course introduces residential and commercial electrical wiring systems. Topics include safety, care and use of tools and materials, use of NEC, circuit planning, overcurrent protection, and installation of conduits, cables, and conductors. Upon completion, students should be able to correctly identify tools, materials, and procedures for electrical installation.

#70160

Tuesday/Thurs, 12:20PM - 2:51 PM & Online

January 14 - March 7

Rutherford Campus, CTTB Building, Room 3 & I/ON-LINE, \$185

(Registration fee + \$5 Institution technology fee)

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Medical Terminology I

*Instructor: Tiffany Cooper*

This course introduces prefixes, suffixes, and word roots used in the language of medicine. Topics include medical vocabulary and the terms that relate to anatomy, physiology, pathological conditions, and treatment of selected systems. Upon completion, students should be able to pronounce, spell, and define medical terms as related to selected body systems and their pathological disorders.

#70149

January 14 - March 7

ONLINE, \$130

(Registration fee + \$5 Institution technology fee)

## Medical Terminology II

*Instructor: Tiffany Cooper*

This course is the second in a series of medical terminology courses. Topics include medical vocabulary and the terms that relate to the anatomy, physiology, pathological conditions, and treatment of selected systems. Upon completion, students should be able to pronounce, spell, and define medical terms as related to selected body systems and their pathological disorders.

#70150

March 13 - May 13

ONLINE, \$130

(Registration fee + \$5 Institution technology fee)

## OSHA/Safety/Certification

*Instructor: Michael Lyda*

This course covers the concept of worksite safety. Topics include OSHA regulations, tool safety, and certifications which relate to the construction industry. Upon completion, students should be able to identify and maintain a safe working environment based on OSHA regulations and maintain proper records and certifications.

#70154

Monday, 12:20 - 2:31

January 14 - March 7

Rutherford Campus, BSCI Building/ONLINE, Room 17, \$185

(Registration fee + \$5 Institution technology fee)

## Basic Plumbing

*Instructor: Cheryl Weeks*

This course covers the basic installation and maintenance of plumbing systems and components. Topics include safe use of tools, implementation of standard practices, and installation/maintenance of piping, fittings, valves, appliances and fixtures used in plumbed systems. Upon completion, students should be able to install/maintain basic plumbing systems, components, appliances, and fixtures through appropriate use of plumbing tools and standard practices.

#70151

Mon/Wed, 5PM - 8:56PM & Online

January 14 - March 7

Rutherford Campus, CTTB 3, I & Online, \$185

(Registration fee + \$5 Institution technology fee)

## Commercial/Industrial Plumbing

*Instructor: Cheryl Weeks*

This course covers the installation of various commercial and industrial piping. Topics include piping in steam, gas, air, fire sprinklers, and other related topics. Upon completion, students should be able to select and install various piping systems for a variety of applications.

#70152

Mon/Wed, 5PM - 8:51PM

March 13 - May 13

Rutherford Campus, CTTB 3, I, \$180

## Cabinetmaking I

*Instructor: Rodney Cole*

This course introduces wood technology, materials, purchasing, estimating, design considerations, and cabinet construction. Topics include wood identification and use, hand tools, safe machine operation, glue and clamping, abrasives, wood joinery, kitchen and bath layout, laminates, and finishing techniques. Upon completion, students should be able to select and process materials; make sound production decisions; and design, lay out, construct, and install cabinets.

#70143

Mon/Wed, 8:15 - 12:11 & Online

January 14 - May 13

Rutherford Campus, CTTB 3/Online, \$185

(Registration fee + \$5 Institution technology fee)

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476





- ◆ Certified EMS, Fire Fighter, and Law Enforcement courses
- ◆ American Heart Association Training Center
- ◆ Basic Law Enforcement Training (BLET)

FOR MORE INFORMATION, CONTACT

**Marnie Beaver**

EMS Program Support

(828) 395-1532, mbeaver@isothermal.edu

**John Splawn**

Fire Services Training Specialist

(828) 395-1766, jsplawn@isothermal.edu

**Jason Wilson**

Emergency Medical Services Specialist

(828) 395-4345, jwilson@isothermal.edu

**Brenda McFarland**

Administrative Assistant II HPS/BLET

(828) 395-1668, bmcfarland@isothermal.edu

## EMERGENCY SERVICES

### Basic Law Enforcement Training (BLET)

The Basic Law Enforcement Training Program (BLET) taught at Isothermal Community College is a 640-hour program that prepares students to become certified law enforcement officers. With a staff of more than 40 instructors, the BLET includes 33 topics that cover virtually every basic task that an inexperienced officer should know.

The BLET meets from 8:00 AM - 5:00 PM Monday through Friday with some weekend trainings. The program lasts approximately nine months. Students in BLET are exposed to a broad array of training including both classroom lecture, and hands-on skill training (driver training, firearms, etc.) The BLET program is regulated by the NC Criminal Justice Training and Standards Commission. As such, the BLET must meet the highest standards as it trains each class of future law enforcement officers. Exciting, challenging, demanding, and rewarding, the BLET program is your entry into a career like no other!



**Call today, and begin...**

**A Career That  
Makes A Difference!**

#### Basic Law Enforcement Training Course Topics

- |  |  |
|--|--|
| • Course Orientation                                       | • Motor Vehicle Law                                    |
| • Physical Fitness Training                                | • Law Enforcement Driver Training                      |
| • Ethics for Professional Law Enforcement                  | • Crime Prevention Techniques                          |
| • Arrest, Search, and Seizure/Constitutional Law           | • First Responder                                      |
| • Elements of Criminal Law                                 | • Domestic Violence Response                           |
| • Communication Skills for Law Enforcement Officers        | • Controlled Substances                                |
| • Law Enforcement Radio Procedures and Information Systems | • Tech. of Traffic Law Enforcement                     |
| • Field Note taking and Report Writing                     | • In-Custody Transportation                            |
| • Interviews: Field and In-Custody                         | • Traffic Accident Investigation                       |
| • Subject Control/Arrest Techniques                        | • Explosives and Hazardous Materials Emergencies       |
| • Juvenile Laws and Procedures                             | • Individuals w/ Mental Illness and Mental Retardation |
| • Fingerprinting and Photographing Arrestees               | • Crowd Management                                     |
| • Dealing with Victims and the Public                      | • Preparing for Court and Testifying in Court          |
| • Criminal Investigation                                   | • Patrol Techniques                                    |
| • ABC Laws and Procedures                                  | • Sheriff's Responsibilities: Detention Duties         |
|  | • Sheriff's Responsibilities: Court Duties             |
|  | • Civil Process  |
|  | • Firearms   |

#### Admission Criteria

- A U.S. Citizen
- Possess a valid driver's license
- Be a high school graduate (or GED)
- Be at least 20 yrs. old (in some cases, 19)
- Have no serious criminal or traffic violations
- Be in good physical health

**Call Brenda McFarland  
(828)-395-1668  
to sign up for classes today!**

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## HAVE YOU RECEIVED A TRAFFIC CITATION?

Don't let that ticket ruin your driving record. The District Attorney, Clerk of Court, and judges want us to be safer drivers.

If you have been charged with a minor traffic violation in the 29th Judicial District (McDowell and Rutherford) or other counties in North Carolina honoring the National Safety and Health Council's Defensive Driving Program, you may elect to have it reduced by the District Attorney.

Isothermal Community College offers the Defensive Driving Program through the National Safety Council of North Carolina, which trains motorists in the principles of safe driving.

The course should be completed and the information presented to the Clerk of Court for payment no later than two (2) working days before your scheduled court date.

Defensive Driving 4-hour class is offered on select Wednesdays and Saturdays of the month. You must pre-register and pay no later than Monday, 12 PM (noon) for the Wednesday class or Wednesday, 12 PM (noon) for the Saturday class. Fee: \$65

Defensive Driving 8-hour class is offered the last Saturday of each month (excluding months with holidays). You must pre-register and pay no later than Wednesday, 12 PM (noon) the week of the class. Fee: \$85

Alive at 25 classes is for any student between the ages of 16 and 24 years. This 4-hour class is offered on select Tuesdays of each month. You must pre-register and pay no later than Tuesday 12 PM (noon) the week of the class. Fee: \$65

***\*\*Occasionally classes have to be canceled or dates changed. Do not wait until the last possible class date before your court date to take the class. \*\****

**Please call LaRae Varela at 828-395-1476, Monday through Thursday, 7:30 AM to 5:30 PM for registration information.**

**TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476**

Contact	Population Served	Contact Information
<b>Charity Allen</b> , Title IX Coordinator	Employees, Community Members, and Coordinates all Title IX Issues	828-395-1686 callen@isothermal.edu
<b>Sandra Lackner</b> , Title IX Deputy Coordinator	Curriculum and Continuing Education Students	828-395-1429 slackner@isothermal.edu
<b>Jeremiah McCluney</b> , Title IX Deputy Coordinator	REaCH Students	828-395-4164 jsmclun@rcsnc.org
<b>Mary Metcalf Greene</b> , Title IX Deputy Coordinator	Polk County Early College Students	828-395-4164 mgreene@polkschools.org

# Career and Employment Resource Center

*Training People for Success in the Workforce*

Whether unemployed, employed but looking to make a change, or entering the job market for the first time, the path to successful employment starts with being prepared. Human Resource Development (HRD) workshops are geared toward equipping job seekers with information, skills, self-awareness and insight into workplace expectations.



## Where Do I Fit In?

**Tuesday, January 14**

**10 AM—12 PM**

Exploration and assessment for self-awareness. Complete an individual compatibility analysis to your prospective career field. Learn where you already have match points and where you may have weaknesses that could affect your success. Plan strategies to overcome your hurdles.

## Résumé Writing

**Wednesday, February 12**

**10 AM—12 PM**

**Thursday, April 10**

**2 PM—4 PM**

**Monday, May 19**

**10 AM—12 PM**

Students will learn how to take inventory of their skills, education, experience and attributes, and present this information in the format most beneficial to them individually.

## Master the Interview

**Wednesday, March 19**

**10 AM—12 PM**

**Monday, April 14**

**2 PM—4 PM**

Students will learn how to prepare mentally, physically and emotionally for an interview. Learn what HR directors say are their biggest complaints when interviewing.

## Mock Interviews

**Wednesday, March 26**

**10 AM—12 PM**

**Thursday, April 17**

**2 PM—4 PM**

Come prepared with a sample job posting of your choosing and a copy of your resumé.

## Strategic Job Search

**Thursday, March 6**

**2 PM—4 PM**

**Wednesday, May 21**

**2 PM—4 PM**

Assess your job search attitude/apptitude and develop a plan to overcome your weak areas. Learn how to network and use proven strategies for a successful job search. Receive tips and tools to stay organized and on track for employment.

## Preparing for a Job Fair

**Thursday, April 24**

**10 AM—12 PM**

**Thursday, April 24**

**4 PM—6 PM**

Learn best practices on how to prepare for, and be strategic in, your engagement at a job fair.

## The Exceptional Employee

**Thursday, May 8**

**10 AM—12 PM**

Exceptional employees are those that stand out; who understand the dynamic of the workplace and practice skills that get them noticed. Everyone has the opportunity to be an exceptional employee; it has more to do with your attitude than your hard skills. Come learn tips, do some self-reflection and view the workplace from different perspectives.

**Classes are open to anyone in our community.** Fees for these courses can be waived if the person qualifies, including those unemployed, underemployed, or who have received notice of layoff.



**For more information or to reserve a seat,**  
contact Karen Marshall, 395-1163 or  
[kmarshall@isothermal.edu](mailto:kmarshall@isothermal.edu)





# Art as a Healing Experience

This **FREE** workshop is for those aged 16 and older who have experienced trauma from the effects of Hurricane Helene.

Facilitator: Vicki Van Vynckt

Assistants: Janet Orselli & Ginger Hutcherson

We invite you to join us for this workshop where you can explore the healing benefits of creating art to help reduce stress. Participants will first be guided through a short relaxation/meditation exercise to calm the body and mind. They then will have the opportunity to explore different art mediums (watercolors, pastels, colored pencils, acrylics, alcohol inks) to create artwork they can take home. No previous art experience is required as this class is about the process of creating, not the finished art. Participants will receive help with using the materials, and all the supplies are provided. Be sure to wear old clothes or bring an apron.

**Session I      Monday, January 13, 6 PM—8:30 PM**

**Session II     Friday, March 14, 9 AM—11:30 PM**

**\*Classes start promptly with relaxation activity; please be on time.**

**ICC Polk Campus, 1255 W. Mills Street, Columbus**

To reserve a spot in either workshop, contact the Isothermal Polk Campus at **828-894-3092**. Pre-registration is required. Class size is limited and students may only attend one workshop to ensure everyone has a chance to participate.

# Chat with Pat



Our new chatbot is available 24/7 at [isothermal.edu](http://isothermal.edu) to answer your questions about Isothermal.



## Check out Career Coach!

Career Coach will allow you to discover majors, in-demand careers, and education based on your interests. Using this FREE tool, you can:

- ▶ Take a career assessment to learn about yourself and Career Coach will give you career suggestions based on your interests.
- ▶ Browse or search for careers and explore relevant data on wages, employment, and the training you need.
- ▶ Browse or search for programs at Isothermal that lead to the career you want.
- ▶ Build a professional resume.

## When life takes a curve, make your own path!

### Curriculum Registration open for Summer & Fall 2025!

## *Call today!*

[www.isothermal.edu/advising](http://www.isothermal.edu/advising)

Contact The Patriot Hub  
at 828-395-1436.





# Free ESL Classes

## Clases gratuitas de ESL

ESL classes at Isothermal Community College are open to all who are interested in building their English language skills.

Las clases de ESL en el Isothermal Community College están abiertas a todos los que estén interesados en mejorar sus conocimientos de inglés.



### Classes in Rutherford and Polk County

#### Clases en los condados de Rutherford y Polk

#### Open Enrollment

New students can join everyday

#### Easy to Start

Walk in to class and say "hi"

#### Free

No cost to participate, all materials provided

#### Matrícula abierta

Los nuevos estudiantes pueden incorporarse todos los días

#### Fácil de comenzar

Entrar en clase y decir "hola"

#### Gratis

La participación es gratuita, se proporcionan todos los materiales



**NOW OFFERING BURLINGTON ENGLISH, CALL FOR MORE INFORMATION!**

Location	Address	Days	Times	Notes
Rutherford Campus	Foundation building, Pine room 286 ICC Loop Rd Spindale, NC 28160	M, T, W	10am – 1pm	
		M, T, W, Th	5pm – 8pm	
Polk Campus	Room 124 1255 W Mills St Columbus, NC 28722	M, T, W	10am – 2pm	
		M	6pm – 8pm	
ESL Online	Online	MTWTHFSU	12:00am-11:59pm	Distance Learning Class Clases online
TBD	TBD	TBD	TBD	New classes can be opened any time. Se pueden abrir nuevas clases en cualquier momento.

For more information contact Lori Greene, Call 828-395-4191, Text 828-351-9924  
or email [lgreene@isothermal.edu](mailto:lgreene@isothermal.edu)

Para más información, llame o envíe un correo electrónico  
Lori Greene 828-395-4191 [lgreene@isothermal.edu](mailto:lgreene@isothermal.edu)



# Free Computer Class for Beginners!

Explore and learn



## **I. Basic Computer Skills**

- Turning on and navigating a new device
- Troubleshooting basic computer challenges
- Setting up user preferences on a computer

## **II. Internet Basics**

- Navigating an internet browser to complete a personal goal
- Identifying specific search terms to produce a successful internet search
- Differentiating between safe websites and those with possible malware or viruses

## **III. Using Email**

**ISOTHERMAL**  
COMMUNITY COLLEGE

## ***Call to Learn More!***

828-395-1631

**NEW**

**CLASSES PROVIDED AT THE  
POLK CAMPUS AND RUTHERFORD CAMPUS.**



# WHO SHOULD HAVE A National Career Readiness Certificate™?



# EVERYONE!

## Here's how to get one....

The National Career Readiness Certificate (NCRC) is based on the ACT WorkKeys Industry Skills Assessment System.

Examinees must successfully complete the three assessments which measure a range of essential work skills in each area. Assessments are offered on a regular schedule through the Continuing Education Department.

**ACT's National Career Readiness Certificate™ (NCRC) PROVES to employers that you have the skills to do the job.**

It is a portable, industry-recognized, research-based credential that certifies essential skills needed for workplace success. To earn a NCRC, students are assessed in:

- Workplace Documents
- Applied Math
- Graphic Literacy

Certificates are issued according to assessed skill levels: Bronze, Silver, Gold or Platinum

**For more information or to schedule a test date, contact Karen Marshall, 828-395-1163, or [kmarshall@isothermal.edu](mailto:kmarshall@isothermal.edu)**



**COMING SOON**

## Certified Medical Assistant Class



**Isothermal Community College Continuing Education is excited to announce our upcoming Certified Medical Assistant Class.**

This 381-hours course provides skills training in three competency areas related to the job performance for medical assistants: administrative office, laboratory and clinical. Course work will include:

- Scheduling Appointments
- Insurance Coding and Billing
- Medical Transcription
- Computer Operations
- Assisting with Exams and Treatments
- Performing Routine Laboratory Procedures
- Ethical/Legal Issues Associated with Patient Care

**Upon completion students will have the knowledge base to apply for national certification as a Medical Assistant**

**For more information, contact Sandy Brackett, 828-395-1405, or [sbrackett@isothermal.edu](mailto:sbrackett@isothermal.edu)**

# ISOTHERMAL

COMMUNITY COLLEGE

# Massage THERAPY

***One year to a  
new career!***

**Weekday, weekend and evening course options.  
Call for the 2025 schedule.**

**This program is  
consistent with the  
standards of practice  
held by the North  
Carolina Board of  
Massage and Body-  
work Therapy.**

**For more information contact Polk Campus at 828-395-1098.**

**It's never too late!**



Earn your diploma at **ISOTHERMAL**  
COMMUNITY COLLEGE

FREE CLASSES - ONLINE AND IN-PERSON

- ☐ Complete your high school diploma
- ☐ Prepare for high school equivalency exams (GED® and HiSET®)
- ☐ Prepare for college
- ☐ Prepare for employment

**START TODAY!**

#### MORE INFORMATION

Barbara Callahan  
828-395-1631  
bcallahan@isothermal.edu

Foundation Building, Oak Room  
286 ICC Loop Rd  
Spindale, NC 28160

## CLASES GRATIS DE INGLÉS



### Aprende a hablar inglés para...

- ☐ Trabajo
- ☐ Participación en la comunidad
- ☐ Ayudar a los niños con la tarea
- ☐ Mejore al hablar, leer, escribir y escuchar

**¡¡¡Únete hoy!!!**

#### Más información

Lori Greene  
828-351-9924  
lgreene@isothermal.edu

Foundation Building, Oak Room  
286 ICC Loop Rd  
Spindale, NC 28160





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Great  
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8

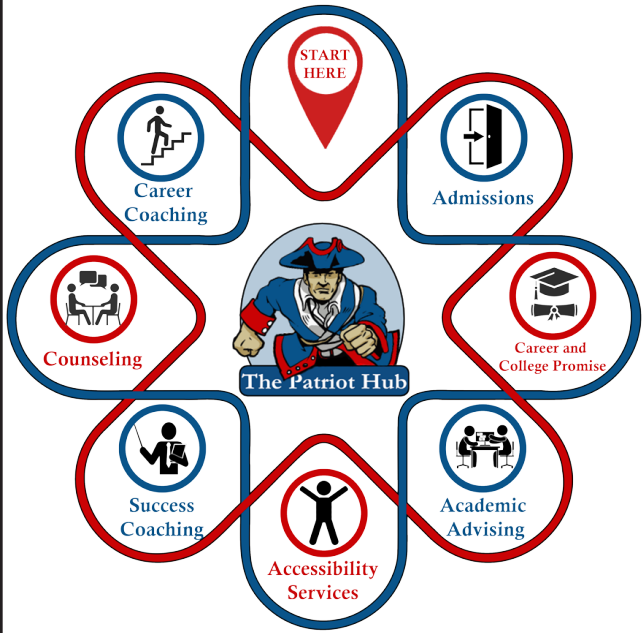
**ISOTHERMAL**  
COMMUNITY COLLEGE

Starting in the fall of 2023, Isothermal Community College will offer most of its courses in an 8-week format. The fall and spring semesters will include a "1st 8-week term" and a "2nd 8-week term." Additionally, most summer classes will be offered during an 8-week term, although there may be some slightly longer 10-week courses.

We are offering courses in an 8-week format because data from across the nation shows that this format provides several benefits to students that lead to better student success in individual classes and program completion. Major differences between 16-week and 8-week courses include:

**16** **VS.** **8**  
WEEK WEEK

- |  |   |
|--|---|
| • 12-18 credit hours per 16 week term (on average) | • 6-9 credit hours per 8 week term (on average) |
| • Take 4-5 classes at a time                       | • Take 2-3 classes at a time                    |
| • Keep up with 4-5 sets of assignments             | • Keep up with 2-3 sets of assignments          |
| • Communicate with 4-5 instructors at a time       | • Communicate with 2-3 instructors at a time    |



## THE PATRIOT HUB

Isothermal introduces, The Patriot Hub, your one stop for all enrollment, advising and access to campus and community resources. These services will include:

**Admissions**  
**Career and College Promise**  
**Academic Advising with College Navigators**  
**Accessibility Services**  
**Career Coaching**  
**Success Coaching**  
**Campus and Community Resources**  
**Counseling**  
**Change of Major**  
**Name and Address Changes**  
**Registration and Schedule Adjustments**  
**Transcript Requests**  
**Adjust Course Schedules**

**For More Information**  
**Call 828-395-1436**  
**To Start Your Journey**





# SMALL BUSINESS CENTER

## WHAT IS THE SBC?

The Small Business Center is a part of the NC Community Colleges Small Business Network. We are our states largest state-supported small Business Assistance incentive. Over 30 years old, we were started back in 1984. The Small Business Center Network has at least one Small Business Center at each of our Community Colleges.

## WHERE CAN I FIND IT?

The Small Business Center is located at Isothermal Community College and serves both Polk and Rutherford County. The office is in the lower level of the Foundation Building.

## WHAT CAN IT DO FOR ME?

The Small Business Center focuses on entrepreneurship, Small Business and economic development with emphasis on assisting start-ups and existing businesses seeking disaster assistance or referral information all free.

- Confidential Counseling
- Webinars and Seminars
- Starting your Business
- Developing your Business Plan
- Marketing your Business
- Financing your Business
- Selling to the Government
- Expanding your Business

**There are many free online webinars  
available at:**

**<https://www.ncsbc.net> click on training  
and scroll down to SBCN State Office.**

---

*Check the website for a complete list of webinars and seminars for the Small Business Center*

**Online registration is preferred at:**

**<https://www.ncsbc.net/center.aspx?center=75260>**

**For more information call**

**828-395-1667**

## CREATIVES WANTED!

### Calling All Creatives: Shape the Future of Graphic Design

Ready to turn your ideas into impactful visuals? Join our Graphic Design Program and discover how to bring your creative vision to life. Dive into professional-grade projects where you'll explore everything from digital design to print media.

Whether your dream is to brand companies, design eye-catching digital content, or create art that inspires, our curriculum is crafted to develop your talent and launch you into a dynamic career. Gain hands-on experience, build your portfolio, and learn in a setting that values the design process.

Start shaping your future today. Enroll now!



## ADVERTISING & GRAPHIC DESIGN

TYPOGRAPHY

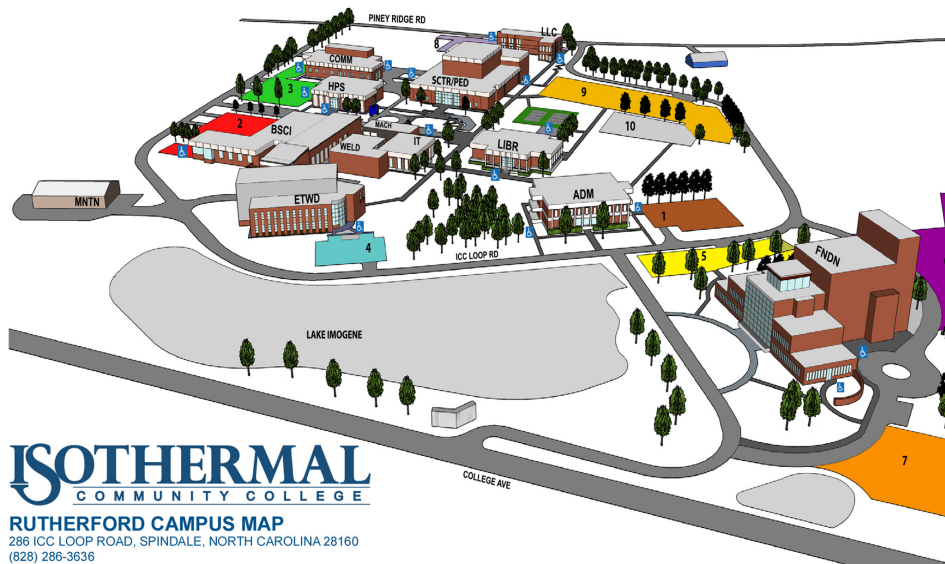
DESIGN

DIGITAL ART

For More Information

Call 828-395-1436

To Start Your Journey



## ISO THERMAL COMMUNITY COLLEGE

**RUTHERFORD CAMPUS MAP**  
286 ICC LOOP ROAD, SPINDALE, NORTH CAROLINA 28160  
(828) 286-3636

### PARKING LOT LEGEND

- 1 Administration
- 2 Business Sciences
- 3 Communications/Health & Public Services

- 4 Engineering Technology and Workforce Dev. Center
- 5 The Foundation
- 6 The Foundation
- 7 The Foundation

- 8 Lifelong Learning Center
- 9 Student Center/PED
- 10 Student Center/PED
- Wheelchair Accessible Entrances

- Administration - ADM**
  - Academic Development
  - Arts and Sciences
  - Assessment, Planning and Development
  - Business Office
  - Human Resources
  - Math Lab
  - Marketing and Community Relations
  - Presidential Office Suite
  - Tutoring Center
  - Writing Center
- Business Sciences - BSCI**
  - Accounting and Finance
  - Agribusiness Technology
  - Autobody
  - Blue Room 112
  - Business Administration
  - Building Construction Technology
  - Career Readiness Certification
  - Chocolate Room 136
  - Entrepreneurship
  - Equine Business
  - Information Technology
  - Medical Office Administration
  - Red Room 137
- Communications - COMM**
  - Advertising and Graphic Design
  - Broadcasting and Production Tech
  - Campus Print Shop
  - Electrical Systems Technology
  - WNCW
- Engineering Technology and Workforce Development - ETWD**
  - Computer Engineering Technology
  - Customized Training & Development
  - Electronics Engineering Technology
  - Industrial System Technology
  - Manufacturing Technology
  - Mechanical Drafting Technology
  - Mechanical Engineering Technology
  - Small Business Center
- The Foundation - FNDN**
  - Adult High School/GED
  - Allied Health - CNA, Med Aid
  - College and Career Readiness
  - Continuing Education
  - Defensive Driving
  - Emergency Services
  - Visitor Information
- The Foundation - FNDN**
  - Second and Third Floor
  - Performing Arts and Conference Center
  - Box Office
  - Seminar A and B
  - Stage
- Health and Public Services - HPS**
  - BLT Criminal Justice
  - Early Childhood/School Age
  - Emergency Services
  - Human Services Technology
  - Occupational Technology
- Information Technology - IT**
  - IT Department
- Library - LIBR**
  - Arts and Sciences Computer Lab
  - Library Auditorium
  - Old Tryon Room
- Lifelong Learning Center - LLC**
  - Arts and Sciences Classrooms
  - REACH
- Machining - MACH**
  - Computer Integrated Machining
- Maintenance - MNTN**
  - College Vehicle Reserve
  - Shipping and Receiving
- Physical Education Dept - PED**
  - Arts and Sciences Faculty
  - Career Counseling and Personal Asst.
  - Career and Promise Offices
  - Cosmetology
  - Disability Services
  - Employee Fitness Center
  - Ethotics
  - Gym
  - Intramural Sports
  - Physical Education
  - Placement/HS Equivalency Testing
  - Pool
  - Pre-Health Sciences Advising
- Student Center - SCTR**
  - Admissions Office
  - Campus Bookstore
  - Campus Resource Offices
  - Financial Aid Office
  - Help Desk
  - Student Activities
  - Student Center Lobby
  - Student Records
  - Student Services
  - The Patriot Hub
  - Veterans Affairs
  - Visitor Information
- Welding - WELD**
  - Welding Technology

## Polk Campus

1255 West Mills St., Columbus, NC 28722  
828-894-3092





# DO YOU HAVE A PASSION, SKILL OR KNOWLEDGE YOU WOULD LIKE TO SHARE?

We are always looking for new ideas and instructors.



Contact Karen Marshall at [kmarshall@isothermal.edu](mailto:kmarshall@isothermal.edu), 828-395-1163  
or LaRae Varela at [lvarela@isothermal.edu](mailto:lvarela@isothermal.edu), 828-395-1476.



# COMMERCIAL TRUCK DRIVING



## Drive a new career path.

See program details on page 19.

- Professional Truck Drivers are in high demand.
- Salaries can start as high as \$40K to \$45K.
- Complete our program in 8.5 weeks.
- Earn your Class A-CDL.

REQUIRED ORIENTATION

**February 27, 2025**

Class meets Monday - Thursday, 8 AM - 5 PM, March 18th - May 21st

Friday is online work

Rutherford Campus

Register through the Customized Training Department  
Mark Franklin, 828-395-1677  
or [mfranklin@isothermal.edu](mailto:mfranklin@isothermal.edu)