NUR 107
LPN Refresher Course

Instructor Information
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Best times to contact: Mon-Thurs., 10am-12pm, 1-3pm

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Office Location: RLC 2nd Floor, 302B
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Course Information

Course Description:
This refresher course is designed to provide an independent didactic review for the previously Licensed Practical Nurse whose license has lapsed. Emphasis is placed on common medical surgical conditions and nursing approaches to their management, including mental health principles, pharmacological concepts, and safe clinical practice. Upon completion, students will be eligible to apply for reinstatement of licensure.

Prerequisites: Previous licensure as a Licensed Practical Nurse
Co-requisites: None
Credit Hours: 12
Contact Hours per Week: Class: 9; Lab: 0; Clinical: 9

Textbooks and Other Required Supplies:

Eligibility for LPN Refresher Course

According to the North Carolina Board of Nursing Administrative Code, 21 NCAC 36.0220 Refresher Course, applicant eligibility for the LPN Refresher Course includes the following:

(a) A refresher course shall be designed for those persons, previously licensed, who are not eligible for re-entry into nursing practice because their license has lapsed for five or more years.

(b) Satisfactory completion of a Board-approved refresher course is required of the person who:

1. requests reactivation of an inactive license and who has not held an active license for five or more years;
2. requests reinstatement of a lapsed license and who has not held an active license for five or more years;
3. requests endorsement to North Carolina who has not held an active license for five or more years;
4. is directed by the Board to complete such a course when the Board takes action as authorized in G. S. 90-171.37; or
5. needs a refresher course as a result of the license being inactive for disciplinary action and has met all eligibility requirements for reinstatement of the license.

Those persons identified in Subparagraph (4) and (5) of this Paragraph may be subject to Board-stipulated restrictions in the clinical component of the refresher course.

(q) Individuals, previously licensed in North Carolina, presently residing outside of North Carolina, may meet these requirements by successfully completing a North Carolina approved refresher course completed in another state or country. Agencies desiring approval for conducting refresher courses shall submit applications per Paragraphs (c) through (p) of this rule. Clinical experiences shall be in agencies approved by the comparable state/country agency to the board of Nursing. The agency applying for refresher course approval shall submit evidence of the agency approval.

(r) Individuals enrolled in refresher courses shall identify themselves as R.N. Refresher Student (RN RS) or LPN Refresher Student (LPN RS) consistent with the course level, after signatures on records or on name pins.

(s) Upon completion of a Board-approved refresher course, the course provider shall furnish the Board with the names and North Carolina certificate numbers of those persons who have satisfactorily completed the course and are deemed safe to practice nursing at the appropriate level of licensure on the Board supplied form.
### Course Overview:

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<th>Module Number</th>
<th>Module Topic</th>
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<td>Understanding Legal/Ethical Issues</td>
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<td>4</td>
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<td>Nursing care of clients with Hematologic, lymphatic, and immune system disorders</td>
<td>Chapters 34, 35</td>
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<td>Nursing care of clients with Neurosensory System disorders</td>
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<td>Nursing care of clients with Endocrine System disorders</td>
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<td>24</td>
<td>Nursing care of clients with Reproductive System disorders and Sexually Transmitted Infections</td>
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<td>Health promotion and nursing care of the Older Adult</td>
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<td>Caring for Chronically or Terminally ill Clients and Client with Cancer</td>
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<td>27</td>
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<td>28</td>
<td>Caring for clients with Mental Health disorders, Substance Abuse, and Eating Disorders</td>
<td>Chapters 49, 50</td>
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**Course Outline:** Will be provided by your instructor during the first week of class.

**How to be Successful in This Class:**
- Read the chapters in the textbook;
- Study every day, do not wait until the night before an exam;
- Review modules on Moodle;
- Take advantage of all learning opportunities in the clinical setting;
- Practice math calculations.
Program Learning Outcomes

Graduates will be able to demonstrate:

1. The ability to protect clients and health care personnel from health and environmental hazards.
2. The ability to provide nursing care for clients that incorporates knowledge of expected stages of growth and development and prevention and/or early detection of health problems.
3. The ability to provide care that assists with promotion and support of the emotional, mental, and social well-being of clients.
4. The ability to assist clients with the management of health alterations.
5. The ability to recall and comprehend information and concepts foundational to quality nursing practice.
6. The ability to utilize the LPN scope of practice when applying the nursing process to the delivery of client care.

Course Student Learning Outcomes

Upon completion of NUR 107 coursework (theory), the student will be able to:

1. Apply nursing principles used to promote, maintain, and/or restore health when implementing nursing care throughout the lifespan. (PLO 1-6; Critical Thinking, Information Literacy)
2. Discuss human needs and evidence-based practices in caring for clients with alterations of function related to the cardiovascular and respiratory systems. (PLO 1-6; Critical Thinking, Information Literacy)
3. Describe human needs and evidence-based practices in caring for clients with sensory deficits. (PLO 1-6; Critical Thinking, Information Literacy)
4. Summarize basic concepts related to selected psychiatric disorders. (PLO 1-6; Critical Thinking, Information Literacy)
5. Identifying steps used of the nursing process to address human needs and evidence-based practices in caring for clients with orthopedic and neurological deficits. (PLO 1-6; Critical Thinking, Information Literacy)
6. Give examples of physiological changes and psychological needs of the renal patient. (PLO 1-6; Critical Thinking, Information Literacy)
7. Discuss human needs and evidence-based practices including pharmacological management in caring for clients with alterations of function related to the hematologic/immune system. (PLO 1-6; Critical Thinking, Information Literacy)
8. Compare and contrasting caring for clients with integumentary disorders across the lifespan. (PLO 1-6; Critical Thinking, Information Literacy)
9. Demonstrate competency in applying math principles, pharmacological concepts, and in performing math calculations. (PLO 1-5; Quantitative Skills)
10. Discuss the development of the professional role of the Licensed Practical Nurse as a member of the healthcare team. (PLO 1-6; Critical Thinking, Information Literacy)
Clinical Student Learning Outcomes

Upon completion of NUR 107 practicum (clinical), the student will:

1. Demonstrate professionalism by exhibiting dependability and application of therapeutic communication with patients and families across the lifespan. (PLO 1-6; Critical Thinking)
2. Integrate and utilize previously acquired theoretical knowledge and clinical skills to provide evidence-based client care across the lifespan. (PLO 1-6; Critical Thinking)
3. Demonstrate ability to perform nursing skills for clients with alterations of function related to diseases/disorders across the lifespan. (PLO 1-6; Critical Thinking)
4. Demonstrate professional behaviors of the LPN while providing care to clients across the lifespan. (PLO 1-6; Critical Thinking)
5. Participates within the healthcare team to communicate decisions that integrate client care and health promotion. (PLO 1-6; Critical Thinking)
6. Use informatics to improve communication, support decision making, and decrease errors to enhance safe, effective patient-centered care. (PLO 1-6; Critical Thinking)
7. Demonstrate ability to recognize and provide information that aids in quality improvement measures to enhance client outcomes, identify hazards and errors, and develop changes in processes of client care. (PLO 1-6; Critical Thinking)
8. Provide client-centered, culturally competent care. (PLO 1-6; Critical Thinking)

General Education Competencies Addressed:

Your achievement of competency in general education skills is incorporated into all the courses you take at Isothermal. This course will focus on the skills listed below. For information on how they will be evaluated, review the criteria that have been established by the college. These are available on the college website and in the Student Handbook under “Academic Information.”

1. Written Communication
2. Information Literacy
3. Critical Thinking
4. Quantitative Skills
5. Technology Skills

Also important to your success are: Presentation skills, Interpersonal skills, listening skills, and global awareness

Portfolio Assignment(s): None are required for this course.
Policies and Statements

General Class Policies

To progress in the LPN Refresher Course, a student must complete the required schedule of hours as outlined in the Practicum Outline. All assignments must be completed and submitted by indicated deadlines in order to pass the course. Submission of late assignments will result in a deduction of 5 points for each day late. Failure to submit an assignment will result in a zero. However, the student will still be required to complete and submit the assignment as specified by the instructor, even though the grade will remain a zero. (Refer to the NUR 102 Course & Practicum Outlines for detailed assignments)

Prior to being accepted into the course, students are expected to:

1. Complete an on-line application to Isothermal Community College
2. Complete the North Carolina Community College System student medical form.
3. Provide a transcript from their original School of Nursing indicating that they received a Practical Nursing Diploma.
4. Provide proof of original LPN License.

Upon acceptance into the course, students are expected to:

2. Demonstrate competency of nursing skills.
3. Complete all LPN Refresher self-paced modules as outlined on Moodle.
4. Complete exams as scheduled that correspond with each module.
5. Obtain a grade of “C” or above to pass this course.

General Clinical Policies

Clinical learning opportunities in the LPN Refresher Course are extremely important. Opportunities in this setting are limited and make-up opportunities for a missed clinical experience may not be available. Therefore, students are expected to attend all of the scheduled clinical learning opportunities. Clinical absences resulting from extenuating circumstances will be dealt with on an individual basis. The practicum component of NUR 107 will include Med-Surg experience in acute or long-term care and focus care experience. The following clinical guidelines will apply to any clinical experience.

Upon acceptance, students are expected to:

1. Complete the Healthcare Provider CPR/BLS Certification.
2. Complete a drug screen and criminal background check if required by the clinical agency.
3. Demonstrate competency in the clinical setting.
4. Complete clinical hours with a preceptor in an approved clinical setting.
Clinical preparation: Students are expected to be prepared for each assigned clinical day by adhering to the following guidelines:

- Maintain appropriate hygiene/appearance and dress code as outlined in PNE Handbook.
- Complete clinical preparation tools according to program guidelines.
- Arrive on time.
- Arrive with appropriate clinical equipment (uniform, reference texts, paper, pens, etc.)
- Completion of any prep work pertaining to clinical assignments, observations, or clinical paperwork.
- Skill competency must be reviewed satisfactorily in lab before the skill can be performed in the clinical area.

Expectations for clinical experiences: For each assigned clinical day, the following should be observed:

- Students shall not leave the clinical facility unless approved by the preceptor.
- All students will eat lunch as designated by the preceptor at the clinical facility.
- Breaks will be given as time allows.
- All students are expected to participate in pre and post conference.
- No food or drink is allowed in a patient care area.
- Smoking is not allowed in clinical facilities.
- Students are expected to adhere to the policies of the clinical facility.
- Students are expected to adhere to the Technical Standards Policy, the Incivility Policy, and the Social Media Policy of the Practical Nurse Education Program. (See Practical Nursing Student Policy Manual).

Students who are not prepared for clinical could be dismissed and receive an unsatisfactory for the day.

Instructor/Agency Notification

Any absence from a scheduled learning opportunity must be reported to the assigned faculty member. In the event a student must be absent or late for a clinical opportunity, they are expected to notify the assigned faculty member, preceptor and clinical agency/unit at least 30 minutes prior to the beginning of the scheduled learning opportunity. Student must reschedule the time missed with their assigned preceptor.
Attendance Policy

Enrollment into the LPN Refresher Course assumes maturity, seriousness of purpose, and self-discipline for meeting the responsibilities associated with completion of the course requirements. Due to the demands of the nursing curriculum and the need to demonstrate professional accountability, it is expected that students will be punctual and attend all class and lab learning opportunities as scheduled. A student may be dropped from a course by the course instructor for excessive absences. Under no circumstances will an absence excuse the student from completing all of the course assignments. You are expected to be present and on time for all class meetings. Extenuating circumstances or emergencies will be handled on an individual basis (Refer to the Practical Nursing Student Policy Manual).

Failure to adhere to these policies could result in disciplinary action. (See also: Practical Nursing Student Policy Manual)

Technical Standards and Essential Functions

The ICC Practical Nursing Program requires that the applicant/student be able to meet the essential functions of the program with or without reasonable accommodations throughout the program of learning. Admission, progression, and graduation are contingent upon one’s ability to demonstrate the essential functions delineated for the Practical Nursing Program with or without reasonable accommodations. (See PN Student Policy Manual)

Academic Integrity Statement

You are expected to rely only on your own knowledge when taking tests and completing independent assignments. Cheating in any form, including plagiarism (the use of an author’s words or ideas without providing proper documentation), will not be tolerated and may result in loss of academic credit for the course and/or a failing grade on the assignment. See Student Rights, Responsibilities, and Judicial Procedures, Section VIII, of the Student Handbook (Refer to the Academic Dishonesty Policy in Practical Nursing Student Policy Manual).

Further Information

ADA Statement: If you have a documented disability, it is your responsibility to contact Disability Support Services (828-395-1732) to discuss classroom accommodations.

Inclement Weather/ Alternate Assignment: In case of unplanned class cancellation, you are expected to read your textbook chapters and complete the assignments as outlined pertaining to the current unit of study.
<table>
<thead>
<tr>
<th>What Students Can Expect of Isothermal</th>
<th>What Isothermal Expects of Students</th>
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<tbody>
<tr>
<td>In their commitment to learning and to the achievement of a true learning-centered community, Isothermal personnel will:</td>
<td>In their commitment to learning, students will:</td>
</tr>
<tr>
<td>Meet student needs by demonstrating professional, friendly, and courteous service in all aspects of student life</td>
<td>Accept responsibility for learning</td>
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<td>Maintain high professional and academic standards</td>
<td>Attend and participate in all classes</td>
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<td>Serve as role models in the development of leadership skills</td>
<td>Complete required exercises and assignments as directed</td>
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<td>Respect diversity and treat all students fairly</td>
<td>Develop a time management plan that includes adequate time for study</td>
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<td>Be available to students and helpful with student problems</td>
<td>Maintain an open-minded attitude toward learning</td>
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<td>Communicate clear learning objectives and expected outcomes</td>
<td>Strive to become independent critical thinkers</td>
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<td>Provide timely feedback in the assessment of learning outcomes</td>
<td>Seek help as needed from appropriate sources</td>
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<td>Stay current in subject matter</td>
<td>Be respectful and considerate of others</td>
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<td>Practice effective teaching/learning strategies that promote critical thinking</td>
<td>Assume responsibility for knowing and adhering to all college policies</td>
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<td>Acknowledge that learning how to learn is the ultimate objective of education</td>
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<td></td>
<td>Recognize that struggle and discomfort often precede the rewards that accompany goal completion and success</td>
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Note: From Isothermal Distinction – Community of Learners; Statement of Expectations. Isothermal Community College, (Revised 2004)