

PLEASE PRINT and Return to Student Services

First Name: _____

Last Name: _____

Age on Sept. 27th: _____

Address: _____

City: _____ State: _____

Phone: _____

Email: _____

Age on Day of Race _____ Gender: Male Female

Circle Shirt Size:

S M L XL 2XL

(Shirts Guaranteed if registered by 9/19/14)

Please Read and Sign below:

In consideration of acceptance of the entry, I for myself, my heirs and assigns, hereby release the sponsors, race workers and officials of this race from any and all liability arising from illness and damages I may suffer as a result of participation in such event. I attest that I am physically fit and have sufficiently trained for this event and am aware that participation in any of these events could in some circumstances result in severe physical soreness and injury. I also give permission for free use of my name and picture in any broadcast/telecast or written account of the event. **I understand that the entry fee is NON-REFUNDABLE.** Should the road race officials determine that the completion of this event would be injurious of my health, I consent to be removed from the course and treated by the medical personnel present in attendance or of their direction.

Signature: _____

(Parent or guardian must sign for participants under the age of 18 years of age).



Come Celebrate 50 Years of Success with Us!

Bring the Family and Plan to Stay the Day!

Bouncy House

Live Music

Food

Get Clint Black Tickets for that night



Isothermal Community College
286 ICC Loop Rd.
Spindale, NC 28160

Isothermal
Community
College

**Patriot Run
5k**

**Start
Strong...
Finish
Strong**



Saturday, September 27th

**Educate
Engage
Empower**

Start Strong...Finish Strong

The "Start Strong...Finish Strong" program at Isothermal educates, engages and empowers first-time college students to achieve successful college completion through orientation, pro-active advising, and educational planning.

EDUCATE first time students about college policies, procedures, expectations and culture.

ENGAGE first time students with the college resources.

EMPOWER first time students to become self-directed learners.

The Start Strong ...Finish Strong initiative is designed to provide first-time students with college knowledge at the beginning of their academic career which will enable them to successfully complete their goals.

Proceeds from this event will be used to support the "Start Strong...Finish Strong" Initiative.

Registration



Events: Registration open NOW!

- ◆ 5K starts at 8:00 AM
- ◆ Registration cost \$20-Individual \$15- Student
- ◆ Mail in postmarked by Monday, September 22 (Shirts guaranteed if registered by 9/19/14)
- ◆ Race Day Registration \$25

On-line Registration

<http://www.active.com/spindale-nc/running/distance-running-races/isothermal-community-college-patriot-run-2014>

The **Patriot Run 5k** will kick off Isothermal Community College's 50th Anniversary Celebration!

Event details and schedule

- **Wear "BLUE" to support Isothermal Community College Patriots!!!**
- **Packets will be available beginning at 6:30 am on race day**

The race begins at 8:00 am

Make check payable to:
Isothermal Community College



Awards

**Top Overall Runners
(1st, 2nd, 3rd)

**Awards (1st, 2nd, 3rd) for the top three finishers in each age group:

| | |
|--------------|-------|
| 14 and under | 15-19 |
| 20-24 | 25-29 |
| 30-34 | 35-39 |
| 40-44 | 45-59 |
| 50-54 | 55-59 |
| 60-64 | 65-69 |

70 and up

Phantom Runner? Don't want to run! You may still support the Isothermal Community College QEP team with their "Start Strong...Finish Strong" initiative. With a minimum donation of \$20, you will receive an awesome race day shirt. Payment must be received by 09/19/14 in order to receive shirt.

Mail-in registrations must be postmarked by Monday, September 22

Mail to:
Isothermal Community College
Attn: Student Services
PO Box 804
Spindale, NC 28160

Or drop off at Student Services
M-F 8am to 4pm

PHONE: 828-395-4193