

The Campus Life Task Force met in the Presidents dining room of Building 10 at 2 p.m. on Wed. September 3. The following members were present: Audrey Sherrill (Chair), Kristi Sanborn (Vice Chair), Curtis Vance, Marnie Smathers, Karen Jones, Susan Foster, Donna Harrison, Karen Longerbeam, Pat Harris, Sandra Boyd, Jo James, Cindy martin, and Evelyn Parks.

Audrey began the meeting by handing out the Campus Life Taskforce goals, which are to:

- Serve as a planning partner for social activities and celebrations
- Encourage and support employee wellness
- Provide resources to promote personal safety i.e. seminars, workshops
- Support efforts to improve campus appearance i.e. Grid Care Program
- Explore ways to work with student organizations to promote campus life

In addition we also discussed:

1. Last years accomplishments were celebrated: The completion of the Healthy Carolinians Grant, the creation of the fitness trail and the fitness trail grand opening.
2. Bob Bidwell will present a safety seminar in the library auditorium on September 24 at 11 a.m., 12 noon and 5 p.m. Faculty, staff and students are all encouraged to attend
3. There will be a fitness trail clean up on September 24 from 1 p.m. "until". CLT will provide snacks. It will be a BYOB (bring your own bulb) event. Scott Scheer will be asked to generate an announcement inviting faculty and staff to attend and to bring bulbs to plant for Spring color. It was mentioned that painted footprints are planned for the sidewalk sections of the fitness trail.
4. Cindy Martin volunteered to update the wellness directory
5. Marnie Smathers volunteered to work with Debra Jones on updating the CLT website. It will possibly include the Health and Wellness directory and fitness trail information.
6. The future of the Book club was discussed. It was mentioned that it was difficult last year to find a time to meet.
7. CLT requested and obtained funds to distribute the "Top Health" newsletter to faculty and staff. It was decided that the Newsletter would be distributed in a "flat" format, instead of folded.
8. Prostate Cancer screening was announced. It will be Thursday, Sept 11 from 8:30- 11:30 and will cost \$15.00
9. It was mentioned that there are now yoga classes offered through continuing education and that Kristi Sanborn will be offering a free yoga class on Monday, September 22 at 10 am and 2:15pm at the Foundation, she will use seminar room B.
10. A crisis intervention subcommittee was formed consisting of Donna Harrison, Audrey Sherrill, Karen Jones and Pat Harris. The purpose will be to create a check list for faculty to turn to in crisis situations with

- students. The subcommittee will also plan workshops on issues such as alcoholism, AIDS and drug addiction for students, faculty and staff.
11. Pat Harris announced a Medicare speaker for Nov 3, time and location TBA.
 12. Jo James is following up on locating plastic holders for bathroom stall literature. Her daughter may present a workshop on ergonomics – date and time to be announced.
 13. The next meeting will be October 8 at 2:00 pm. Location TBA
 14. The meeting was enjoyable and short – lasting only 40 minutes!