

ISOTHERMAL

COMMUNITY COLLEGE

CONTINUING EDUCATION POLK COUNTY CENTER



June/July/August/September 2012

Certificate in
Sustainable Agriculture
Therapeutic Massage Program
Heritage Crafts Program
See page 12 for details.



www.isothermal.edu/learnstuffpolk

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HELP WANTED

We are always looking for new course ideas and instructors.

If you have an idea for a course please email Director Kate Barkschat, kbarkschat@isothermal.edu. Include suggested class title, a brief description of class content and your qualifications to teach the class.

**2012 Course Proposal Deadline
July 1, 2012 for
Sept/Oct/Nov/Dec brochure**

Teaching at ICC-Polk is a great opportunity for networking, sharing your passions and having a whole lot of fun.

Isothermal Community College does not discriminate against students, employees or applicants on the grounds of race, color, religion, age, sex, national origin, or disability. Isothermal Community College is dedicated to equality of opportunity for its staff, students, and community.

15,000 copies printed @ .27¢ each - 11/2011

INSTRUCTOR SPOTLIGHT *Melinda Kirby*



Melinda Kirby, lead instructor for ICC's new Therapeutic Massage program, brings more than 16 years of experience working with numerous integrative healthcare teams to the program. Her roles have included that of therapist, practitioner, educator, business owner and lecturer. Kirby has trained extensively worldwide in a variety of healthcare modalities including Clinical Medical Aromatherapy, Psychoneuroimmunology and Reiki and has presented to such associations as the World Health Organization.

"I'm very excited to bring my experience and my love of teaching to this program," said Kirby. "Massage is currently one of the fastest growing professions. It offers a great career opportunity to anyone interested in helping people relieve pain and stress."

COMPUTER

PLEASE NOTE: Computer courses are now divided into two sections based on the focus and intent of the course and the student. The first section is classified as courses that are taken for personal enrichment. They are offered as what we call "self-support" meaning that the students' fees must pay for the entire cost of the class. No state money supports these classes. The second section is made up of classes that are more specifically focused toward enhancing a person's job skills. These classes are called Occupational Education courses because they are specifically designed and offered for job training; however, you are not required to be working or seeking work to take these classes. The state sets the fee rate for these classes, but also helps fund them. Fees for Occupational Education courses are waived by the state for North Carolina residents age 65 and older.

All basic classes must be preceded by Computing for Beginners or the equivalent knowledge. This includes being able to use the mouse, recognition of menus and tools, ability to properly start and shut down a computer, knowledge of the basic keys such as control, alt, delete, backspace, enter, arrows, and window controls. All computer classes are limited to 12 participants each, so call early to reserve your spot.

ATTENTION: We can specialize computer training to fit the needs of your group—club, business, non-profit, or government agency. Call 828-894-3092 to learn more.

SELF-SUPPORT COMPUTER CLASSES



Seniors Compute I

Instructor: Mike Kleiner

Learn computer skills and bring the world to your fingertips. Communicate with friends, family and the world. Everything from turning it on, using the mouse, navigating the keyboard to:

- Electronic Mail (email): Communicate with family and friends around the world. Exchange photos, letters, information, games and music. Join discussion groups.
- World Wide Web (WWW): Explore any subject: news, travel, genealogy, health, recreation, finance, hobbies, sports, arts, books, etc. Find a job, check movie times or reserve library books.
- Word Processing: Write letters, articles or recipes and easily edit them. Create a flyer, newsletter, book or great looking lists.
- Finances: A computer can track your investments and expenses. You can even bank on line!

This class is for beginners, so don't hesitate because you don't think you can keep up!

4 weeks/8 sessions/20 hours

Mon/Wed: June 4 – 27

2:30 – 5:00 p.m., Room 122

Course Fee: \$89

Seniors Compute II

Instructor: Mike Kleiner

Seniors! Pick up where we left off. We will go in depth into the Internet, Email, Word Processing, Finance, Games and much more. Come with your questions.

4 weeks/8 sessions/20 hours

Mon/Wed: July 16 – Aug 8

2:30 – 5:00 p.m.

Room 122

Course Fee: \$89

"Easy to understand with no basic computer skills coming in."

computer

OCCUPATIONAL EDUCATION COMPUTER CLASSES

PowerPoint Presentation

Instructor: Mike Kleiner

PowerPoint adds pizzazz to every presentation and gives your audience a visual connection to what you are saying. Whether for work, school, or community service, you can make a great impression with a well-designed PowerPoint presentation. And just think what it could add to a special occasion at home! Learn the basics or further develop the skills you already have.

2 weeks/4 sessions/10 hours

Mon/Wed: May 7 - 16

6:00-8:30 p.m., Room 122

Course Fee: \$65

Computing for the Workplace I

Instructor: Mike Kleiner

Learn the basic skills you need to use a computer at work. Take a quick look at the many ways computers can be used, followed by a simple non-technical description of how they work. You'll learn basic computer vocabulary, how to use the calendar and various programs in Microsoft Office. Practical exercises using the keyboard and mouse provide a base from which you can go on to learn Internet, E-mail, and word processing skills, or continue studying more in-depth courses on specific programs of your choice.

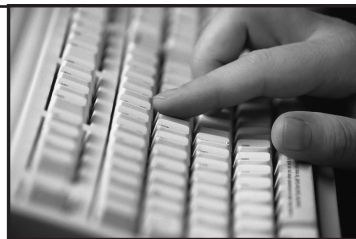
4 weeks/8 sessions/20 hours

Tues/Thurs: May 8 - June 7

No class May 22 & 24

6:00-8:30 p.m., Room 122

Course Fee: \$65



Excel I

Instructor: Mike Kleiner

Whether on the job, at home, with clubs or volunteer work, knowing how to make electronic spreadsheets can simplify any task! This is your chance to learn the basics or have your more in-depth questions answered. You'll learn when and how spreadsheets are used, data entry, formatting, sorting and filtering data, performing calculations, creating charts and graphs, adding borders and shading to highlight key information. If you're working on a special project, bring it along to get that extra help you need to finish it up.

3 weeks/6 sessions/15 hours

Mon/Wed: June 4 - 28

6:00-8:30 p.m., Room 122

Course Fee: \$65

Word I

Instructor: Mike Kleiner

Discover how to make Word work for you. This class will teach you how to create, edit, save, open and close documents. You'll also learn how to apply formatting options, copy and paste, preview, print and much more.

3 weeks/6 sessions/15 hours

Tues/Thurs: June 12 - 28

6:00-8:30 p.m., Room 122

Course Fee: \$65

HOURS OF OPERATION

Monday through Thursday

8 a.m. to 9 p.m.

Friday

8 a.m. to 4 p.m.

*"Very accessible and thorough instructor.
An asset to the community and valuable
to the students."*

PC Maintenance and Security*Instructor: Mike Kleiner*

Worried about what's happening in the background? Is your computer sluggish? What are the best security tools, sometimes even for free? How do I clean up my computer? We will find all the answers and more in straightforward, non-technical terms so any user can improve performance and keep the computer safe. Please share any issues or questions.

4 weeks/8 sessions/ 20 hours

Mon/Wed: July 16 – Aug 8

6:00-8:30 p.m., Room 122

Course Fee: \$65

Word II*Instructor: Mike Kleiner*

Pick up where you left off with Word I. Use Word to polish those professional documents or show your creative side. Learn to insert pictures and text boxes, create columns and tables and even merge your documents with outside data. Feel free to bring your questions or projects.

3 weeks/6 sessions/15 hours

Tues/Thurs: July 17 – August 2

2:30-5:00 p.m., Room 124

Course Fee: \$65

Computing for the Workplace II*Instructor: Mike Kleiner*

Further the skills you need to use a computer at work.

4 weeks/8 sessions/20 hours

Tues/Thurs: July 17 – Aug 9

6:00-8:30 p.m.

Room 122

Course Fee: \$65

Social Networking*Instructor: Mike Kleiner*

Social Networking isn't just for kids and not just for pleasure anymore. It can be a great tool to use for your business, too. In this class we emphasize "how to think" about Facebook, MySpace, Twitter, LinkedIn and Instant Messaging as well as "what to do." When you can think clearly about this fast growing area, you are then better prepared for whatever comes next. In contrast, if we simply dictate "what to do" then those steps may not be appropriate as online social networking evolves. Our goal is to help you make the connection between what you know and this new online world.

3 weeks/6 sessions/15 hours

6:00-8:30 p.m., Room 122

Tech Help for the Tech Shy*Instructor: Mike Kleiner*

Do you have a phone or camera you can't understand? Would you like to learn how to text, add attachments or send pictures from your phone or email account? We will cover the basics of cell phones: address book, texting, pictures and well as how that contrasts with email, attachments and surfing the Internet. Bring your cell phone, smart phone, digital camera, Blackberry or I-phone to class and we will make it work for you, not you working for it. We will also cover laptop and tablet computers as they relate to the communication age.

3 weeks/6 sessions/15 hours

Mon/Wed: Aug 13-29

2:30 – 5 p.m.

Room 124

Course Fee: \$65

Excel II*Instructor: Mike Kleiner*

This class takes you beyond Excel basics to an intermediate level in Microsoft Excel. Topics include creating and customizing charts, tables and page layouts, managing large sheets of data through filtering and sorting, linking Excel files, tracking errors and more.

4 weeks/8 sessions/20 hours

Mon/Wed: August 13 – Sept 10

No class Sept 3

6:00-8:30 p.m.

Room 122

Course Fee: \$65

DIGITAL CAMERA

Digital Camera

Instructor: Carolyn Michel

Learn the mechanics of your camera, how to move images to your computer for storage and organization. Then, the fun part begins—taking pictures and getting creative with image editing software. For the first class bring your camera, batteries and everything that came in the camera box.

6 weeks/6 sessions/18 hours

Tues: May 1 – June 5

9:00 a.m. – 12:00 p.m. or 5 – 8 p.m.

Room 124, Course Fee: \$79

AdobePhotoshop Elements I

Instructor: Carolyn Michel

Learn how to create, edit, organize and share images. Photoshop Elements contains many of the features of Adobe Photoshop but with fewer and simpler options. Please bring a flash drive with you to class. Requirements for this class: recognize and understand menus and tools, understand file naming and saving and be able to use a flash drive.

6 weeks/6 sessions/18 hours

Wednesday, May 2 – June 6 or

Tuesday, June 12 – July 17

9:00 a.m. – 12:00 p.m., Room 124

Course Fee: \$79

AdobePhotoshop Elements II

Instructor: Carolyn Michel

This class is geared to the student who understands the basics of Adobe Photoshop Elements. Expand your knowledge of Elements tools and move on to more in-depth editing.

6 weeks/6 sessions/18 hours

Wed: June 13 – July 25

9:00 a.m. – 12:00 p.m., Room 124

Course Fee: \$79

FOREIGN LANGUAGE

Introduction to Spanish

Instructor: Doug Morris

This course, which introduces the sounds, structure and basic phrases of the Spanish language, is designed for students who have never studied a foreign language - or whose high school Spanish is just a distant memory. The goal of the instructor is to make acquiring a new language skill a no stress, no test, enjoyable activity that sharpens the mind.

8 weeks/8 sessions/16 hours

Tues: May 8 – June 26

7 – 9 p.m., Room 118

Course Fee: \$69

Doug Morris is an adult learner of the language who had previously taught economics at a community college in upstate NY. He has been teaching Spanish at ICC for the past three years. His background includes traveling in Spain and in Latin America, including attending Academia Latinoamericana de Espanol in Quito, Ecuador.

Do you have a great idea for a new class?

We are always interested in knowing what you would like to take that we may not be offering. Email your suggestions, the time of day you would like to see the class held, and your contact information to polkinfo@isothermal.edu or mail to ICC-Polk Campus, 1255 W. Mills Street, Columbus, NC 28722. If you know someone who might be qualified and willing to teach the class, please send that contact information as well.

CREATIVE ARTS & LITERATURE

A Year in Paris: Living and Learning the City of Lights

Instructor: Mary Jo Padgett

You'll hear from a recent Paris resident -- through discussion, Powerpoint presentation, handouts, and memoirs -- about "real life" behind the sidewalk cafes and tourist destinations. The city's glorious seasons -- summer's sizzle, fall's color and city habits, winter's glistening darker days, and spring's numerous holidays are the backdrop as instructor Mary Jo Padgett relates her life living with an American family in Paris and with a Scotswoman and a French woman in Saint Germain-en-Laye, describes her favorite parks and hidden gardens, hot chocolate and chocolatiers, surprises in the metro, the American Cathedral in Paris, weather, Bastille Day, learning the French language, French festivals, and more about real life in Paris.

4 weeks/4 sessions/8 hours

Tues: May 1 - 22

10 a.m. - 12 p.m., Room 118

Course Fee: \$49

NEW! From Craft to Machine: Shaker Design to Art Deco

Instructor: Dr. Ben Pfingstag

Enjoy this six-week series of color slide presentations exploring the shift from hand-craftsmanship to the effects of technology on the arts- from furniture and household wares to the innovative architectural transformations of the 20th century. You will examine Purist Shaker thought and design in 19th century America; the traditionalist Arts & Crafts Movement in England; the exuberant Art Nouveau style in France and the tumultuous arts and crafts activities in Vienna at the turn of the century. You will study the machine production arts and architectural achievements of the Bauhaus in Germany and end with a review of the arts, crafts and streamlined architecture of the Art Deco Movement in France and the United States.

6 weeks/6 sessions/12 hours

Thurs: May 3 - June 7

10 a.m.-12 noon

Room 118

Course Fee: \$59

NEW! Mosaic Classes

Instructor: Dot Pearce

The mosaic process involves cutting glass with double wheeled pliers, gluing, grouting and cleaning. All are simple skills to learn even if you've never worked with glass. Patterns and ideas will be supplied by the instructor. Students are required to bring their own supplies. A detailed list will be furnished upon pre-registration. Please call early so you have time to round up your supplies before the first class.

DESCRIPTIONS

Mosaic Cone Weed Pot

Instructor: Dot Pearce

2 weeks/2 sessions/6 hours

Tues: May 8 & 15 or July 10 & 17

9:00 a.m.-12:00 p.m.

Blue Door Studio at Mill Spring School

Course Fee: \$39

Mirror with Shell Frame

Instructor: Dot Pearce

2 weeks/2 sessions/6 hours

Tues: May 22 & 29

9:00 a.m.-12:00 p.m.

Blue Door Studio at Mill Spring School

Course Fee: \$39

Mosaic Bird Bath

Instructor: Dot Pearce

Create a one-of-a-kind piece of art for your feathered friends. Your beautiful stained glass mosaic birdbath can also be used as an inside dish to hold fruit or other items. No glass skills required.

2 weeks/2 sessions/6 hours

Tues: Aug 14 & 21

9:00 a.m.-12:00 p.m.

Blue Door Studio at Mill Spring School

Course Fee: \$39

NEW! Writing Science Fiction and Science Fantasy that Sells

Instructor: Philip Ackerman

"It was the year 2141 A.D. and exploration of the planet Mars had begun in earnest after a 120-year lull..." Thus begins "Colorblind" a story submitted to Analog Magazine by instructor and author, Philip Ackerman. Join him for an exploration into writing for this specialized market including how to keep the reader engaged, how to get published and much more.

6 weeks/6 sessions/12 hours

Mon: May 14 - June 25

No class May 28

Times: 1 - 3 p.m., Room 118

Course Fee: \$59

NEW! Irish Mythology, Folktales, Literature and Authors

Instructor: Dr. Dennis Sommers

Dr. Dennis Sommers leads this fascinating series of lectures exploring the extremely rich and historically significant Irish literary traditions. The course will cover 20th Century and contemporary writers and will include readings, recitations and reprinted materials to accompany the discussions. This don't-miss course will enchant and intrigue you.

3 weeks/3 sessions/6 hours

Tues: May 15 - 29

10 a.m.-12 noon, Room 118

Course Fee: \$39

NEW! Exploring Watercolor

Instructor: Jeanne Parsons

This course will guide students in their continuing adventures painting in watercolors. Prerequisites are Beginning Watercolor and Watercolor II or equivalent previous training. Students will pursue and expand their own creative vision while experimenting with a variety of techniques and approaches to subject matter. Class size is limited.

8 weeks/8 sessions/24 hours

Mon: June 4 - July 23

9 a.m. - 12 p.m., Room 107

Course Fee: \$89

NEW! The Frugal Crafter

Instructor:

Marilyn McMinn McCredie

Do you really want to recycle? Bring your junk mail and paint samples and try green gift making, wrapping and card making. All the while you'll listen to stories and songs about crafting and craft traditions in the past as only Marilyn McMinn McCredie can tell them.

6 weeks/6 sessions/12 hours

Wed: June 6 - July 18

No class July 4, 10 a.m. - 12 p.m.

Room 118, Course Fee: \$59

Drawing Figures with Fashionable Style

Instructor: Christine Mariotti

Have you wondered how fashion drawings are created and why the figures look so stylized? Learn the basics of figure drawing with a stylized slant. Design and draw exotic garments on your figures and render the textiles with colored markers to resemble the images from your imagination. This class is directed to those who like to sew as well as those who like to do figure drawing, but are hoping to improve their skills with a new media. Basic figure proportions are stressed as well as drawing faces, hands and feet with elegance.

8 weeks/8 sessions/24 hours

Wed: June 6 - Aug 1

No class July 4, 6 p.m. - 9 p.m.

Room 107, Course Fee: \$89

The Art of Ceremony

Instructor: June Ellen Bradley

For thousands of years we have kept ceremony and ritual as part of the human experience. Intention, focus and action combine to create powerful change in our world. Creating a ceremony can help you bring about positive change when you are going through a life transition or celebrating an event. Learn how to make your morning routine, bath, dinner party or gathering into a ceremony and how to create ceremonies to bring about the change you want to be in your world.

8 weeks/8 sessions/16 hours

Mon: June 11 - July 30, 3 - 5 p.m.

Room ??, Course Fee: \$79

Botanical Drawing*Instructor: June Ellen Bradley*

See the plants with new eyes! All skill levels are welcome in this class. You'll learn not only how to draw the physical aspects of the plants, you'll also go deeper in your perceptions and understanding of plant energies and healing properties.

8 weeks/8 sessions/20 hours

Mon: June 11 – July 30

6 – 8:30 p.m., Room 107

Course Fee: \$89

Paper Mache Animal Sculpture for Kids*Instructor: Dot Pearce*

Bring LOTS of newspaper, wide masking tape, 2 or 3 rolls of plaster bandage (used for casts), acrylic paint and brushes, disposable gloves, an extra large plastic bowl and wax paper and come prepared to have fun! This class is for ages 8 – 12.

2 weeks/2 sessions/6 hours

Tues: June 12 & 19

9:00 a.m.-12:00 p.m.

Blue Door Studio at

Mill Spring School, Course Fee: \$39

Multimedia Painting*Instructor: Dale McEntire*

Enjoy painting whatever you choose in Dale's course, under his expert guidance. Choose morning or afternoon session. Class size is strictly limited.

10 weeks/10 sessions/30 hours

Tues: June 12 – Aug 14

9 a.m.-12 p.m. or 1 p.m. – 4 p.m.

Room 107, Course Fee: \$89

Beginning Watercolor Painting*Instructor: Jeanne Parsons*

Have you always wanted to try watercolor painting but didn't know where to start? This class is for you! Beginning Watercolor Painting will introduce you step-by-step to materials, a variety of techniques, the mixing of colors and much more. No experience is necessary. A materials list will be given at the first class or can be picked up at the office beforehand. Class size is limited.

8 weeks/8 sessions/24 hours

Thurs., May 17 - July 5, 1 – 4 p.m.

Room 107, Course Fee: \$89

Pen and Ink*Instructor: Don Blackwell*

Would you love to learn how to create beautiful artwork using ink as your medium? You can learn basic pen techniques such as solid black lines, gray tones, parallel lines, value changes, cross-hatching, patterns, implied lines, stippling and spattering. Drawing strategies will be divergent and spontaneous. You will receive clear and concise instruction in the techniques and materials used in pen and ink drawings. You will complete at least two finished drawings before your class ends. Beginning and Intermediate Drawing or equivalent training are prerequisites for this class.

8 weeks/8 sessions/24 hours

Wed: June 27 – August 22

No class July 4, 9 a.m.-12 noon

Room 107, Course Fee: \$89

HOURS OF OPERATIONMonday through
Thursday

8 a.m. to 9 p.m.

Friday

8 a.m. to 4 p.m.

—◆—
I'm amazed at the progress I made in drawing from stick figures now to doing portraits! "
—◆—

NEW! Art & Culture: Near East, Far West

Instructor: Dr. Ben Pflugstag

This class is a series of color-slide presentations, introductory in nature, on the arts of six significant non-European cultures. You will explore aspects of their social, mythological and religious views as conveyed through a rich variety of artifacts, ranging from simple pottery to exotic masks, figurines to massive sculptured forms, watercolors to expansive cave paintings, and humble dwellings to majestic temples of power and worship. Your journey begins with India (week 1); then to China (week 2); Japan (week 3); and Africa (week 4). During week 5 you will focus on early Native American art and finally in week 6, you will survey the Mayan arts of Central America.

6 weeks/6 sessions/12 hours

Thurs: June 28 – August 2

10 a.m.-12 noon

Room 118, Course Fee: \$59

Open Studio

Instructor: Don Blackwell

Instructor Don Blackwell will share techniques and guide students on any projects they are currently working on.

8 weeks/8 sessions/24 hours

Thurs: July 5 – August 23

9:00 a.m.-12 noon, Room 107

Course Fee: \$89

NEW! Writing Family Stories that Sell

Instructor: Philip Ackerman

If you want to write stories that sell, but don't know how to get started, this course is for you. Join instructor and author, Philip Ackerman to explore how you can mine your family history for compelling stories to share.

6 weeks/6 sessions/12 hours

Mon: July 9 – Aug 13

Times: 1 - 3 p.m., Room 118

Course Fee: \$59

Summer Sun Catchers in Stained Glass

Instructor: Dot Pearce

Learn how to create beautiful stained glass sun catchers! This class will be designed for the beginner, so here's your chance to learn the basics you need to know before you move on to more advanced classes.

2 weeks/2 sessions/6 hours

Tues: July 24 & 31

9:00 a.m.-12:00 p.m.

Blue Door Studio at

Mill Spring School

Course Fee: \$39

Do you have a great idea for a new class?

We are always interested in knowing what you would like to take that we may not be offering. Email your suggestions, the time of day you would like to see the class held, and your contact information to polkinfo@isothermal.edu or mail to ICC-Polk Campus, 1255 W. Mills Street, Columbus, NC 28722. If you know someone who might be qualified and willing to teach the class, please send that contact information as well.

"I loved everything about this class.

Don was positive, encouraging, informative, motivational and inspirational!"

HISTORY & CURRENT EVENTS

NEW! Yi Jing, 64 Hexagrams, Interpretation and Application, Part I

Instructor: Ed Kan

Yi Jing is the oldest among the Chinese classics with the original text dating back to 12th century BC. Although it started as a book for divination, Confucius used it mainly to teach ethics and virtue. The course topics covered include ethics, geography, politics, military, astronomy, society, family relationship, mathematics and philosophy. It is a complex, but very useful book, not for fortune-telling, but for cultivating a person's moral character. Though ancient, Yi Jing is as relevant today as it was during Confucius' time.

18 weeks/18 sessions/36 hours

Thurs: May 3- August 30

6:30 – 8:30 p.m., Room 118

Course Fee: \$109

NEW! China: A Survey of Chinese Dynasties and Emperors

Instructor: Ed Kan

This class covers Chinese history beginning with the cultures of the Paleolithic period, the legendary tribal rulers, the Xia Dynasty to the overthrow of the Qing Dynasty in 1912. It spans a period of nearly 5,000 years. Each dynasty added new influences that had shaped today's China. There were many outstanding and wise emperors who built the dynasties, as well as many terrible ones who brought them down.

13 weeks/13 sessions/26 hours

Wed: May 9 – Aug 8

No class on July 4, 2 – 4 p.m.

Room 118, Course Fee: \$99

Chinese Government Policies and Influence on U.S. and World Politics

Instructor: Ed Kan

Join this intriguing six week course to learn how China has evolved from a secretive black-market driven country under Chairman Mao to a superpower of the 21st century in less than 30 years. How is China ruled today? What is the influence of communism and socialism in China? What is China trying to achieve through its domestic and foreign policies? How do those policies affect the world economy? Instructor Ed Kan will shed light on current Chinese government policies and the impact they have on world politics.

6 weeks/6 sessions/12 hours

Fri: June 1 – July 6, 2 – 4 p.m.

Room 118, Course Fee: \$59

NEW! A Walking Guide Through Paris: Discovering American History

Instructor: Mary Jo Padgett

This class is a Powerpoint walking guide for the American patriot and tourist that will take students throughout Paris to places that are connected to the American Revolution and French involvement in that struggle. The course brings to life the close connections between the American colonies and France in the historic beginning of our country as we fought for independence from Britain. Famous names in American history...Benjamin Franklin, Jefferson, John Adams, John Paul Jones, George Washington, will be joined with important French military, Lafayette, Rochambeau, deGrasse, as well as important locations in Paris, Hotel de Coislin, Hotel de Valentinois (where Benjamin Franklin lived in Paris), Place des Etats- Unis (U.S. Square), and others. The course enriches ones next visit to Paris, refreshes our American history, and also lends respect to our Founding Fathers and the historic Franco-American relationship.

3 weeks/3 sessions/6 hours

Wed: Aug 1 - 15, 10 a.m. – 12 p.m.

Room 122, Course Fee: \$39

SPECIAL EVENTS

Heritage Crafts Program

The Polk Center in collaboration with Tryon Arts and Crafts School is launching a Heritage Crafts Program. Students will have the opportunity to learn the entrepreneurial skills to start and manage a craft business as well as receive hands-on studio training in a specific heritage art such as woodworking, forge or fiber arts. Each course covers creating a business plan, designing your studio space, developing your product line, photographing and marketing your work and all the elements of running a successful craft business. A choice of studio tracks will be offered, such as woodturning, cabinetmaking or instrument building in the woodworking course.

The twenty week program will be held evenings and Saturdays with lecture classes held at Isothermal Community College's Polk Center and studio classes held at Tryon Arts and Crafts School. The program intends to honor the longtime tradition of handcrafts in Polk County and throughout all of Western North Carolina. For more information, call Isothermal Community College Polk Center at 828-894-3092.

Certificate in Sustainable Agriculture

Now offering a Certificate in Sustainable Agriculture. Working toward this certificate, the student will combine technical training in a broad range of agricultural topics along with the business knowledge vital to operating a financially successful enterprise.

To earn this certificate, students will complete two required courses, Introduction to Sustainable Agriculture and NC REAL or Farm REAL. In addition to the mandated courses, students must complete 75 hours of instruction from any combination of qualifying sustainable agriculture courses offered through Isothermal Community College. These courses may be taken in any sequence, at the student's own pace and with the individual focus area of the student in mind. A selection of courses will be offered at the Spindale and Polk County campuses each semester. Students must attend 80% of instructional time to earn a certificate of completion for each course. Once the student meets the course and instructional hour requirements, they may submit application to the Continuing Education Dept. to receive a Certificate in Sustainable Agriculture.

Therapeutic Massage Program

A Therapeutic Massage certificate program is now offered at Polk Center. The six-month, 660 hour program combines class time with hands-on practice of massage techniques. Coursework includes anatomy and physiology, kinesiology, nutrition, business practices, ethics and specific massage modalities. Upon completion graduates of the program may apply for the MBLex exam to practice therapeutic massage in the state of North Carolina. Massage Therapy is both a healing art and a science, offering a wide variety of career options. A licensed massage therapist may be self-employed or may work in doctors' offices, hospitals, rehabilitation clinics, spas, fitness centers, sports organizations and more.

2nd Annual Spring Fling

Don Blackwell Student Art Show

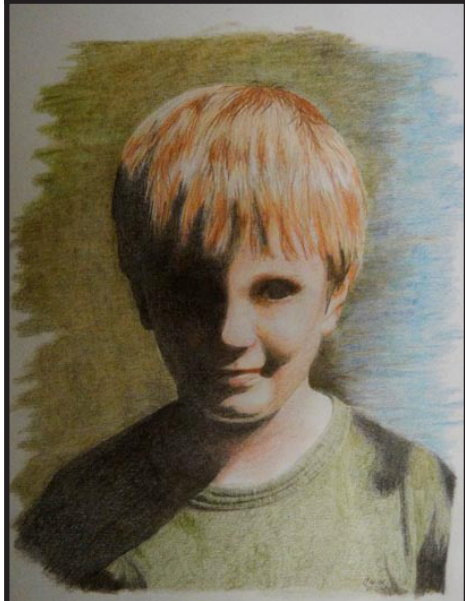
April 27 - May 25, 2012

*A month long invitational art show
of past and present students of Don Blackwell.*



When viewed from a distance, the images are almost photo realistic. Moving closer, the eye begins to see the thousands of pen and ink dots in a technique made famous by the French Impressionists called “pointillism”. Don Blackwell is one of the few artists who follows this demanding and time consuming technique. In addition, he has adapted this technique to leather - producing what we fondly call “tactile pointillism” - that is very unique and realistic.

A versatile artist, Don’s works are done in pen and ink, watercolor, airbrush, oil, and colored pencil. Don also is a proficient wood carver.



Born in Hendersonville, NC, Don spent 25 years in Alaska and considers it his other home. His work now reaches far points of the world. His originals and prints are in three museums, the Ministry of Defense in Winnipeg, Canada and Ministry of Defense in Moscow, Russia, the Pentagon and more. After an impressive 25 year Air Force career, Don is enjoying civilian life and being a college art teacher. Married to Phoebe Blackwell, they have raised their five kids and are enjoying five beautiful grandchildren. They live in the Blue Ridge Mountains but covet their time spent in their “dream Cabin” on an island near Homer, Alaska.

Don teaches beginning drawing, intermediate drawing, pen and ink, colored pencil drawings, and conducts an open studio class at ICC’s Polk Center.



HEALTH AND HAPPINESS

NOTE: ALWAYS check with your doctor before beginning any diet and exercise regimen.

Beginning Yoga

Instructor: Jennifer Wood

An introduction covering basic aspects of Iyengar Yoga including breathing techniques, relaxation exercises, and postures that build strength and flexibility, as well as how to incorporate the basic tenets into your everyday life. The class provides a relaxed atmosphere supplied with “props” to allow students to “grow their poses”.

6 weeks/6 sessions/6 hours

Wed: May 2 – June 6;

June 13 – Aug 1, (no class June 20 or July 4); Aug 8 – Sept 12

9:00 a.m. – 10:00 a.m.

Room 112, Course Fee: \$39

*Yoga instructor, **Jennifer Woods**, brings 12 years teaching experience and 15 years of dedication to her practice. She will gently guide, encourage, adjust and support your commitment to your body, emotions, mind and spirit. Jennifer studied yoga under Deb Timberlake in Atlanta, GA. She is also a certified Colon Hydro therapist, has 2 beautiful girls, a husband who's also a massage therapist and is a part of the intentional community at the Adawehi Healing Center.*

NEW! Therapeutic Power of Music

Instructor: Linda Powell

Discover how music enriches your life and is therapeutic too.

Learn practical ways to reduce stress, touch the emotions, integrate right and left brain activity, and find new inspiration in the beauty of music. The power of music can reach out to people of all ages, and is especially useful when working with children. Teachers, parents, grandparents, and caregivers can find ways music can enhance the lives of children.

5 weeks/5 sessions/15 hours

Thurs: May 10 – June 7

6 – 9 p.m., Room 118

Course Fee: \$69

Tai Chi for Health

Instructor: Ed Kan

Are you interested in your health and well being? It doesn't matter your age—including seniors and baby boomers—you can start practicing Tai Chi to improve the health of your mind and body. If you're a beginner, this is the time to learn. If you have practiced Tai Chi before, you can repeat this class for refreshment and exercise. You will learn the basic and easy postures of the Yang-style Tai Chi and discover the many benefits of the slow, deliberate, graceful and continuous movements emphasizing the relaxation of body and mind. Long term daily practice can improve circulation, digestion and the immune system as well as reduce stress, enhance balance and coordination.

15 weeks/15 sessions/22.5 hours

Monday: May 14 – August 20

6:30-8:00 p.m., Room 112

Course Fee: \$89

Tai Chi Intermediate

Instructor: Ed Kan

You already know the benefits—the way this ancient Chinese art has helped you feel more alive, more serene, more complete. Continue Tai Chi as part of your healthy lifestyle, enhance the knowledge you've gleaned from previous sessions, and increase the positive effect it has had on your life. This class will be more advanced; therefore, students should have taken Tai Chi here or have prior experience. You can repeat this level as often as you like.

14 weeks/14 sessions/21 hours

Tues: May 15 – Aug 14

6:30-8:00 p.m., Room 112

Course Fee: \$89

Qi Gong*Instructor: Ed Kan*

Practiced daily by millions of people worldwide, Qi Gong (pronounced Chee-Gong) is an easy to learn exercise program that combines simple stretch movements with breathing. The emphasis is on the health of internal organs as each movement targets a specific area of the body and the muscles connected to the organs. Most of the exercises do not require moving the feet and can be practiced in a simple folding chair. This class is suitable for those who are not ready for the more vigorous movements of Tai Chi for Health.

15 weeks/15 sessions/22.5 hours

Thurs: May 17 – Aug 23

2 – 3:30 p.m., Room 112

Course Fee: \$89

Tai Ji Advanced and Practice*Instructor: Ed Kan*

This class is for anyone who has practiced the Yang Style 37-form Tai Ji Boxing before and wants to continue practicing for health maintenance. In addition to postures and movements there will be more advanced study of the principles of Tai Ji exercise.

14 weeks/14 sessions/21 hours

Tues: June 5 – Sept 4

10- 11:30 a.m., Room 112

Course Fee: \$89

Edward Kan was born in Guijou Province, China during World War II. After completing high school in Hong Kong, he received his bachelor's degree at Tunghai University in Taiwan before coming to the United States and completing his Master's degree at California State University at Fresno. Ed teaches several courses about China and the Chinese Language as well as Tai Ch'i for Health and Qi Gong for Health at the Polk Campus of Isothermal Community College. He and his family now live in Columbus where he is very active in the community.

NEW! Sustainable Poultry 101*Instructor: Kirk Wilson*

Do you want to supplement your diet or your income or both? At times hard-hitting, sometimes hilarious, but always with the budget in mind, this information packed course will not only answer the questions afore-mentioned, but will encourage you to get out and do it! The 8 week course will include care of baby chicks, breeds, broiler and layer production, feeds and feeding, disease and pest management, housing, predator control and marketing. Included in the total class time will be a 4 hour "ultra hands-on" field trip to observe the subject matter in person as well as construct a simple poultry shelter.

8 weeks/ 8 sessions/ 16 hours

Dates and Times: TBD

Room/location: On & off campus

Course fee: \$65

Kirk Wilson has, in his own words, "been messin' with chickens since I was three." Holding a degree in Animal Science from the University of Tennessee and 27 years of teaching experience, for well over a decade he has been intensely involved in the pastured poultry movement. At present he is working with the Mill Spring Ag Center, Polk Fresh Trade Post and Polk farmers markets to help build a local food economy in our community.

Discovery/Plant Walks*Instructor: June Ellen Bradley*

Discover the summer beauty in our mountains first hand! We will take a variety of hikes, look at our native plants, discuss life cycles and see tracks and animal signs. You will witness how everything is intricately connected in the forest.

8 weeks/8 sessions/32 hours

Wed: May 9 – June 27

8 a.m. – 12 p.m., Course Fee: \$89

NEW! Forest Stewardship

Instructors: June Ellen Bradley & Lynn Sprague

Do you know how to manage your forest to its greatest advantage? Forest stewardship means different things as landowners define their goals for their woodlands. What you do with your forests may have affects that can last one hundred years or more. Some folks want commercial production while others are looking for wildlife and environmental qualities. Many people are looking for both, a productive beautiful forest. This course will cover the theory of a well-managed woodland in one classroom session. Then we will head outdoors to explore various stewardship forests in action. We will also pick several sites from our students' woodlands helping to develop ideas for a forest stewardship plan. Instructors are June Ellen Bradley (Herbalist) and Lynn Sprague (Polk County Director of Ag Economic Development). Special sessions will include Caroline Edwards (Environmental Consultant) and several skilled forest landowners.

8 weeks/8 sessions/32 hours

Fri: May 4- June 22

8 a.m. - 12 p.m.

Room/location: On & off campus

Course Fee: \$120

NEW! Garden Liqueurs

Instructor: Mary Ann Ferrin

Learn how to create small batches of fruit and sourwood honey liqueurs using basic kitchen equipment. You'll learn how to select the right ingredients and how to use them in baking and cooking. Mary Ann will share creative ways to display and serve flavored liqueurs with family and friends. You will be making two different liqueurs, one fruit and one sourwood honey, during class. **STUDENTS MUST BE at least 21 YEARS OLD to attend. NOTE:** Because of strict ABC laws, students may not take product made in class home.

1 week/1 sessions/3 hours

Mon: July 9, 6:30 - 9 p.m.

OR Saturday, Aug 11

1 - 3:30 p.m., Room 118

Course Fee: \$25

Introduction to Sustainable Agriculture

Instructors: various

Week 1: Basics of Sustainable Agriculture

Week 2: Soils

Week 3: Herbs

Week 4: Fruits and Vegetables

Week 5: Poultry

Week 6: Goats

Week 7: Forestry

Week 8: Marketing

This series features a variety of instructors and is presented in cooperation with Mill Spring Agricultural Development Center under the direction of Lynn Sprague.

8 weeks/8 session/16 hours

Thursdays: May 17 - July 5

6-8 p.m., Room 112

Course Fee: \$65

The Mill Spring Agricultural Development Center serves as a resource center for agricultural development, farmland preservation, education, community service and business development. *The Center's vision is to enhance community spirit and quality of life by working with farmers, local businesses, and individual citizens to promote the sustainable economic growth and rural character of Polk County.*

NEW! Moon Lore- Planting by the Moon and More...

Instructor: June Ellen Bradley

The Farmer's Almanac is actually a guide to the moon's travels through various constellations which affect planting, hunting, fishing and more! Learn about working with the natural rhythms of the earth and moon and make decisions that will save time, money and increase your production.

8 weeks/8 sessions/20 hours

Wed: May 9 - June 27

1 - 3:30 p.m., Room 107

Course Fee: \$89

SPECIAL INTEREST

Notary Public

Instructor: Rhonda Davis

You will learn how to be one as you prepare for the required North Carolina test. To become a Notary, you must be at least 18 years old, have a high school diploma or GED, and pass the test given at the end of the class. A book is required and will be available for purchase at the first class. This course is being run as Occupational Education. North Carolina Senior Citizen residents 65 and above are fee exempt, but still must purchase book.

2 weeks/2 sessions/6 hours

Dates: To Be Announced

Room 118, Course Fee: \$65

NEW! Modern Day Bridge Bidding

Instructor: Karl Kachadoorian

This course covers the basics and advanced bidding methods employed in the Two-Over-One System. This system, based on Standard American with 5 card majors, is the most popular bidding system in the US today. In 2011 the American Contract Bridge League adopted this system as their preferred vehicle for teaching bridge. The course also covers a number of refresher topics prior to delving into Two-Over-One bidding principles to better prepare the student for advanced bidding methods. In addition, hands-on bidding problems are addressed in the form of bidding exercises, quizzes and include problem solving exercises.

10 weeks/ 10 sessions/ 15 hours

Mon: May 14 – July 23

9 – 10:30 a.m. or 7-8:30p.m.

No class May 28, Course Fee: \$99

Tree Teachings I

Instructor: June Ellen Bradley

This class will encompass tree identification, survival lore and medicinal information combined with experiential learning exercises. There is so much the trees have to offer us and learning to access their wisdom can enrich our lives in many ways.

6 weeks/ 6 sessions/24 hours

Tues: June 12 – July 17

1:00 – 5:00 p.m., Room

Course Fee: \$89

NEW! Smart Choices in Retirement

Instructor: Jay Geddings

Learn how to achieve a stable, steady income so you can live the kind of retirement lifestyle you desire. Discuss the key principals that can help keep you on the right track in retirement. Learn ways to help make sure money lasts throughout retirement. This class is best suited for retirees and those within one year of retirement.

1 week/1 session/2 hours

Thurs: June 7

10 a.m. - 12 p.m., Room 118

Course Fee: \$19

The Art and Science of Beer

Instructor: Jay Adams

In The Art and Science of Beer instructor Jay Adams will cover a brief history of brewing, an overview of the commercial brewing process and how to adapt the commercial process to make beer at home. He'll also cover brewing with malt extract (if you can boil water, you can make good beer!), grain steeping, hop additions, fermentation and more. In the lab you will get hands on experience with brewing using both malt extract and all grain techniques. You'll also get hands on experience with packaging, kegging, bottle conditioning and counter-pressure bottle filling.

6 weeks/6 sessions/15 hours

June 14 – Aug 30

Lectures: Thurs, June 14, 21, 28;
7 – 8 p.m.

Lectures: Room 118

Labs: Sat, June 23, 10 a.m.–1 p.m.; June 30, 10 a.m.–6 p.m. (1 hr. break); Aug 11, 10 a.m.–12 p.m.

Labs: Mill Spring Agricultural Center

Course Fee: \$89

**NEW! Home Repair 101 –
the Basics Plus**

Instructor: Susanna Richardson

This course is designed to help you be better equipped to confidently make repairs in your home. You'll have the opportunity to learn how to fix a leaky faucet, repair a hole in the wall, paint, replace an electrical outlet, use the correct tool for the job and much more. You will be introduced to every phase of construction including: concrete, framing, siding, insulation, window installation, roofing, electrical, plumbing, windows and energy efficiency.

4 weeks/8 sessions/16 hours

Tues/Thurs: June 19 – July 12

1:00 p.m. – 3:00 p.m., Room 118

Course Fee: \$79

*Instructor **Susanna Richardson** holds a B.A. in Architecture. From 1999-2006 she designed 30+ home addition/remodel projects and 10+ custom homes in Davis, California. She moved to North Carolina in 2004 where she has completely renovated 2 homes in 5 years. In 2006 she built a cottage, working on and supervising every phase of construction.*

**NEW! Annuities and
Your Retirement**

Instructor: Jay Geddings

This class will help you better understand the basics of annuities so you can choose the options that make the most sense for your specific situation.

1 week/1 session/2 hours

Tues: Aug 7, 10 a.m. - 12 p.m.

Room 118, Course Fee: \$19

**GOT A TICKET?
SAFE DRIVING**

Instructor: Don Bridges

The District Attorney, District Clerks of Court and District Court Judges want all of us to be safe drivers! With their cooperation and a course drawn up by the Safety and Health Council of North Carolina, Isothermal Community College offers classes in the principles of safe driving. If you have been charged with a minor traffic violation in Judicial District 29b (Henderson, Polk and Transylvania counties) you may elect to take this course. You must appear in court FIRST to get permission from the District Attorney to take this course. Please bring your permission form and citation with you to register.

Summer 2012 Class Schedule

4 Hour Classes:

Sat: May 12, June 9, July 14, Aug 11
8:30 a.m.-12:30 p.m

Registration deadline Thursday at noon.
Tues: May 22, June 26, July 24, Aug 28
5:30-9:30 p.m.

Registration deadline Monday at noon.
Course Fee: \$50

8 Hour Classes:

Sat: May 5, June 2, July 7, Aug 4
8 a.m.-5 p.m. (1 hr lunch)
Registration deadline Thursday at noon.
Course Fee: \$75

**Prepayment required by
registration deadline or you will
be dropped from the class.**

Check or Cash only.

**Please call 828-894-3092 between
9 a.m. and 3 p.m.
Monday through Thursday for
registration information.**



Small Business Center

The Small Business Center at Isothermal Community College is one of 58 centers located throughout the State of North Carolina. The mission of the Small Business Center is to increase the success rate and the number of viable small businesses in Rutherford and Polk counties. We provide high quality, readily accessible assistance to prospective and existing small business owners and their employees. Services include:

- **Workshops/Seminars**
- **Free counseling**
- **Referrals to business resources**
- **Resource Library**

Entrepreneurial seminars are scheduled periodically at ICC-Polk Campus.

**Contact the Polk campus
828-894-3092 or the
Small Business Center at the
Rutherford Campus at
828-286-3636 ext. 390 or 229
for more information.**

**THE CLASS
IS FREE!**



ENGLISH AS A SECOND LANGUAGE

Are you ready to learn English or improve your English? Come in and meet other students and the instructor Aline Dupres. We come from many countries and study together having lots of fun while learning to speak English.

**Classes are held
Monday thru Thursday
9 a.m.-12 noon plus
Monday 5-9 p.m.**

**Call Ruth Hils at 828-894-3092
ext. 283 for more information.**

Students may enter the class at any time during scheduled hours and are encouraged to attend for whatever time they can during those designated class hours. Both conversational and written skills are taught in a multilevel setting to meet the needs of non-English speaking as well as more fluent students.

MEDICAL COURSES & CERTIFICATIONS

PLEASE NOTE: Medical class costs will include registration fee(s), mandatory textbooks and workbooks, required immunizations, scrubs for clinical rotations (where applicable), and other incidental costs for personal supplies. **ALL COURSE FEES ARE \$175 UNLESS OTHERWISE STATED.**

CPR

American Heart Association Heart-saver CPR. This class will be scheduled based on demand. If you are interested please call and give us your name and contact information. We will schedule a class when we have an adequate number of requests. A textbook is required. Those completing this course will be provided with an American Heart Association course completion card. Next Class: To Be Announced
Course Fee: \$65.

Nurse Aide Related Programs

Betsy Cuthbertson, Coordinator

Nurse Aide I

Prepares student for State of North Carolina certification test.

Prerequisite: Adequate score on free reading comprehension test

Next Classes:

Mon/Tues/Wed/Thurs:

June 4 – July 27; 8 a.m. – 2:30 p.m.

Mon/Tues/Wed/Thurs:

August 20 – December 5;

8 a.m. – 12 p.m.

Nurse Aide II

Prepares student for more advanced nurse aide duties.

Prerequisites: current listing on NC Nurse Aide I registry and high school diploma or GED.

Next Class: To Be Announced

Medication Aide

Prepares student for State of North Carolina certification test.

Prerequisite: Nurse Aide I in good standing on North Carolina Registry; High School Diploma

Next Class: To Be Announced

Therapeutic Massage

This six month (660 hour) program will combine class time with hands-on practice of massage techniques. Coursework will include anatomy and physiology, kinesiology, nutrition, business practices, ethics and specific massage modalities. Upon completion graduates of the program may apply for the MBLex exam to practice therapeutic massage in the state of North Carolina. Prerequisite: High School Diploma or GED

28 weeks/ 660 hours, Course Fee: \$175, Next Class starts November 2012.

EMT-BASIC

This program was developed in accordance with the guidelines and policies established by the N.C. Office of E.M.S. and is designed to train individuals in becoming an Emergency Medical Technician. Students will learn to recognize symptoms of illness and injuries and develop skills in fundamental emergency care procedures. The course will combine lecture and supervised experience including patient evaluation and treatment.

Prerequisites: Minimum CASAS score of 236 in reading required before entrance to class.

Next Class: To Be Announced

Patient Care Technician/ Administrative Medical Assistant:

Course 1: Healthcare Intro

7 weeks/194 hours

April 16 – June 1

Course 2: Nurse Aide I

8 weeks/sessions/188 hours

June 12 – August 23

Course 3: Medication Admin.

9 weeks/235 hours

August 27 – October 23

Course 4: Medical Office Assistant

4 weeks/79 hours

October 24 – Nov 20

Course 5: Medication Aide

1 week/ sessions/24 hours

November 30 - December 3

Allied Health Related Programs Medical Assistant Program

This program provides skills training in administrative office, laboratory and clinical. A Medical Assistant is primarily responsible for the back office/clinical area with duties such as preparing examining rooms, assisting with examinations, taking medical histories, checking vital signs, performing lab tests, drawing blood, taking electrocardiograms, giving injections and more. Positions vary from performing a variety of duties in a private physician's office to working in a specific area of a clinic, lab, hospital, or even that of a traveling staff member venturing to homes, or to a group living facility. Upon successful completion of this program, students will have the knowledge base to sit for a National Certification as a Medical Assistant.

Course 1: Healthcare Intro

7 weeks/194 hours

April 16 – June 1

Course 2: EKG

2 weeks/40 hours

June 4 – June 19

Course 3: Phlebotomy

7 weeks/172hours

June 20 – August 8

Course 4: Medical Admin.

9 weeks/235 hours

August 27 – October 23

Course 5: Medical Office Assistant

4 weeks/79 hours

October 24 – Nov 20

Medical Administrative Assistant (CMAA) introduces students to the roles and functions of the medical office assistant. Students will study front office clerical procedures including medical forms, communications and other aspects of the administrative duties that may be expected of an administrative assistant in a physician's office. This is a two part program covering Medical Administrative Assistant and Medical Assisting Review. Next Class: To Be Announced

Automated Coding and Billing Specialist (CBCS) is designed especially for those interested in the billing, coding and administrative aspect of the medical healthcare system. Next Class: To Be Announced

Certified Electronic Health Records Specialist (CEHRS) allows the student hands-on experience working with simulated EHR software, introduces best practices for transition from paper based records to Electronic Health Records and covers the current Health Information technology standards, rules and regulations. Next Class: To Be Announced

National Healthcareer Association Certification available upon completion. Basic computer skills are a prerequisite for the classes and office skills are a plus.

Phlebotomy- Phlebotomy training prepares the student to draw blood specimens from patients for the purpose of testing and analyzing blood. The course consists of theory and clinical experiences in performing blood collections. The student must be a high school graduate or have equivalent GED. Next Class: To Be Announced

NOTE: Required comprehension tests are administered free of charge every Wednesday at 9:30 a.m. or 5:30 p.m. at ICC-Polk. No appointment necessary.

**Call 828-894-3092
for additional information,
class dates and times.**

"Going back to school after 20 years couldn't have been better at Polk ICC. Everyone involved always gave 110% and with a smile!"

Adult Basic Education

/GED



Are you ready to earn
your GED?

Would you like to
improve your reading
and math skills?

The instructors at the
Polk Center
are ready to assist you!

Classes are held
Monday-Thursday
9:00 a.m.-3:00 p.m.
Monday evenings
5:30-8:00 p.m.

Classes are free!
Don't wait another
minute!

Call 828-894-3092 ext. 32
for more information.

Registration Information

5 WAYS TO REGISTER

By Phone

Call 828/894-3092

By Mail

Complete the registration form and mail one week before class starts. **Isothermal Community College Polk County Campus**
1255 West Mills Street
Columbus, N.C. 28722

By Fax

828/894-3095

In Person

Drop by the front office of the Polk Campus

On The WEB

www.isothermal.edu/learnstuffpolk

CANCELLATION POLICY

If we cancel a class, you will be notified. If you would like to cancel your place in a class, please notify us as soon as possible before the class meets for the first time.

REGISTRATION FEE REFUND POLICY

If you need a refund or transfer, contact us at 828/894-3092

A 100% refund shall be made if you officially withdraw prior to the first day of class or if the class is canceled.

A 75% refund shall be made if you officially withdraw from the class prior to or on the official 10% point of the class. No refund thereafter.

PRE-REGISTRATION FORM

**Complete and Mail to: Isothermal Community College
1255 W. Mills Street, Columbus, NC 28722**

Name: _____

Address: _____

Home phone: _____

Cell phone: _____

Email address: _____

Note: This form pre-registers you for the class or classes of your choice. Registration and payment occur at the beginning of the first class. If you decide not to take the class, please call and let us know.

Class Title	Date	Time
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

INTERESTED IN LEARNING A NEW SKILL?

*Look inside for details
on upcoming classes!!!*

AGRICULTURE
COMPUTER SKILLS
CREATIVE ARTS & LITERATURE
DIGITAL CAMERA
FOREIGN LANGUAGE
HEALTH & HAPPINESS
HISTORY & CURRENT EVENTS
SPECIAL INTEREST
MEDICAL COURSES
SAFETY

NEW CLASSES

Tech Help for the Tech Shy	5
A Year in Paris: Living and Learning the City of Lights	7
From Craft to Machine: Shaker Design to Art Deco.....	7
Mosaic Cone Weed Pot	7
Mirror with Shell Frame.....	7
Mosaic Bird Bath	7
Writing Science Fiction and Science Fantasy that Sells	8
Exploring Watercolor.....	8
The Frugal Crafter	8
Drawing Figures with Fashionable Style	8
The Art of Ceremony	8
Paper Mache Animal Sculpture for Kids	9
Art & Culture: Near East, Far West	10
Writing Family Stories that Sell	10
Summer Sun Catchers in Stained Glass	10
Yi Jing, 64 Hexagrams, Interpretation and Application, Part 1	11
A Walking Guide through Paris: Discovering American History	11
Therapeutic Power of Music	14
Sustainable Poultry 101	15
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